My People...Where I Come From

拍數: 32 **牆數:** 2 **級數:** Improver

編舞者: Sylvia Schell (USA)

音樂: These Are My People - Rodney Atkins

MODIFIED ¼ MONTEREY TURN, ROCK, RECOVER, KICK-BALL CROSS

1-2	Touch right toe to right side, turn ¼ turn right on left ball as you step right beside left
3&4	Touch left toe to left side, step left beside right, touch right toe to right side
5-6	Rock back on right, recover left in place
7&8	Kick right forward, step on ball of right, cross left over right

STEP, CROSS, SIDE, LEFT SAILOR, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS

&1-2	Step right on right ball, cross left over right, step right to right side
3&4	Step left behind right, step right to right side, step left slightly left
5&6	Step right behind left, step left to left side, cross right over left
&7&8	Step left on left ball, step right behind left, step left to left side, cross right over left

STEP, TOUCH, ROCK, RECOVER, STOMP, BEHIND, SIDE, CROSS, SIDE, BEHIND, SIDE, CROSS

1-2	Step left to left side, touch right beside left
3&4	Rock back on right, recover left, stomp right (weight stays on right)
5&6	Step left behind right, step right to right side, cross left over right
&7&8	Step right on right ball, step left behind right, step right to right side, cross left over right

ROCK, RECOVER, SAILOR ¼ TURN, STOMP, STOMP, FORWARD SHUFFLE

1-2	Rock forward on right, recover left
3&4	Step right behind left, turning ¼ turn right step left to left side, step right slightly right
5-6	Stomp left forward, stomp right forward
7&8	Shuffle forward (left, right, left)

REPEAT

TAG

Done after first rotation, starts on 6:00 wall

ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, WALK, WALK, SHUFFLE FORWARD

1-2	Rock forward on right, recover left
3&4	Shuffle (right, left, right) as you turn ½ turn to the right
5-6	Walk forward left, right
7&8	Shuffle forward (left, right, left) (12:00)

TAG

Done after third rotation, starts on 12:00 wall

ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, STEP FORWARD ON LEFT, HOLD

1-2	Rock forward on right, recover left
3&4	Shuffle (right, left, right) as you turn ½ turn to the right
5-6	Step forward on left, hold count 6 (6:00)

TAG

Done after sixth rotation, starts on 12:00 wall

1-14	Do Tag #1 and then do Tag #2 (12:00)