My Only Love



拍數: 32 編數: Intermediate nightclub

編舞者: Chad Manson (UK) 音樂: Only Love - Trademark



STEP, ROCK & ½ RIGHT, FORWARD, ¼ RIGHT SIDE ROCK CROSS, RIGHT SIDE ROCK CROSS, ½ RIGHT, CROSS

1	Step left forward
	Olop icit ioi wai a

2&3 Rock right forward, recover onto left, making ½ turn right step right forward 4&5 Making ¼ turn right rock left to left, recover onto right, cross left over right

6&7 Rock right to right, recover onto left, cross right over left

8&1 Making ¼ turn right step left back, making ¼ turn right step right to right, cross left over right

RECOVER, SIDE, CROSS SHUFFLE, 1/4 RIGHT, 1/2 RIGHT, FORWARD, RECOVER

2-3 Recover onto right, step left to left

4&5 Cross right over left, step left to left, cross right over left

6& Making ¼ turn right step left back, making ½ turn right step right forward

7-8 Rock left forward, recover onto right

BACK, DIAGONAL RIGHT BACK SHUFFLE, DIAGONAL LEFT BACK SHUFFLE, SWAY TWICE, FULL TURN RIGHT

2&3	Still facing 1:00, step right to right, lock left over right, step right to right
4&5	Turning ¼ turn left (facing 11:00) step left to left, lock right over left, step left to left
6-7	Step and sway right to right sway left to left (while swaying square off to 12:00)
8&1	Making ¼ turn right step right forward, making ½ turn right step left back, making ¼ turn right

Step left back to left diagonally (you should be facing right diagonally at 1:00)

step right to right

CROSS ROCK, ¼ LEFT FORWARD, WALK, WALK, LUNGE, RECOVER, ½ RIGHT STEP, FORWARD, WALK

2&3	Cross left over right, recover onto left, making 1/4 turn left step left forward
4&5	Step right forward, step left forward, lunge right forward
6&7	Recover onto left, making ½ turn right step right forward, step left forward

8 Step right forward

REPEAT

1

RESTART

During wall 3, do first 8 counts, then restart dance facing 9:00

During wall 7, do until count 25 (full turn right), drag left toe towards right foot on 1 count, then restart dance facing 6:00

TAG

After wall 6, facing 6:00, sway hips left right left right

ENDING

During wall 8, after full turn right, cross left over right, unwind ½ turn right to face front wall