

My Only Heart

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: BM Leong (MY)
音樂: Wo De Yi Ker Xin (我的一顆心)



STEP, RECOVER, BACK SHUFFLE, BACK, RECOVER, FORWARD SHUFFLE

1-2 Step right foot forward, recover onto left
3&4 Back shuffle, right-left-right
5-6 Step left foot back, recover onto right
7&8 Forward shuffle, left-right-left

SIDE, TOGETHER, CROSS SHUFFLE TWICE

1-2 Step right foot to right side, step left foot beside right
3&4 Cross shuffle, right-left-right
5-6 Step left foot to left side, step right foot beside left
7&8 Cross shuffle, left-right-left

STEP, RECOVER, ½ TURN RIGHT FORWARD SHUFFLE, STEP, KICK, COASTER STEPS

1-2 Step right foot forward, recover onto left
3&4 Triple ½ turn right, right-left-right
5-6 Step left foot forward, kick right foot forward
7&8 Coaster steps, right-left-right

WALK, WALK, FORWARD SHUFFLE, JAZZ BOX ¼ TURN RIGHT

1-2 Walk forward on left foot, walk forward on right
3&4 Forward shuffle, left-right-left
5-6 Cross right foot over left, step left foot back
7-8 ¼ turn right stepping right foot to right side, step left foot beside right

REPEAT

TAG

5th wall facing starting wall i.e. During the music interval. Do the first 16 counts and the following:

17-20 Point right foot to right side and hold for 3 counts

ENDING

9th wall. Same as in tag
