

My Obsession

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 32 牆數: 4
編舞者: Kathy Brown (USA)
音樂: Because of You - Ne-Yo

級數: Intermediate west coast swing



WALK FORWARD RIGHT, LEFT, ANCHOR STEP, LEFT FULL TURN, ANCHOR STEP

1-2 Walk forward right, left
3&4 Step right down, change weight to left, change weight to right (triple in place)
5-6 Turning ½ left step left forward, turning ½ left step right back
7&8 Step left slightly behind right, change weight to right, change weight to left (triple in place)

WALK FORWARD RIGHT, LEFT, OUT OUT, HOLD, KNEE IN, KNEE OUT ¼ RIGHT, RIGHT KICK BALL CROSS

1-2 Walk forward right, left
&3-4 Step right forward and out, step left forward and out, hold (weight stays on left)
5-6 Pivot right knee towards left, pivot right knee right turning ¼ right
7&8 Kick right forward, step right down, cross left over right

½ MONTEREY WITH SIDE ROCK CROSS, ¼ MONTEREY, FORWARD CROSS ROCK STEP

1-2 Point right to side, with weight on left turn ½ right, step right down
3&4 Rock left to side, return right, cross left over right
5-6 Point right to side, with weight on left turn ¼ right, step right down & slightly back
7&8 Cross rock left over right, return right, step left to side

CROSS ¼ STEP, ½ TURNING RIGHT TRIPLE, PIVOT ½ RIGHT, LEFT FORWARD TRIPLE (FULL TURNING TRIPLE)

1-2 Cross right over left, turning ¼ right step left back
3&4 Turning ½ right step right forward, step left next to right, step right forward
5-6 Step left forward pivot ½ right
7&8 Step left forward, step right next to left, step left forward (option: full turn triple)

REPEAT

RESTART

After the completion of the 3rd rotation, (wall 4)- dance the first 24 counts and restart from the beginning
After the completion of the 8th rotation, dance the 1st 8 counts twice (9:00)