My Next Broken Heart

級數: Improver

編舞者: Bill Larson (AUS)

拍數: 32

音樂: My Next Broken Heart - Brooks & Dunn

VINE RIGHT SCUFF, ROCKING CHAIR

- 1-2 Step right to side, step left behind right
- 3-4 Step right to side, scuff left beside right
- 5-6 Step left forward, recover weight back onto right
- 7-8 Step left back, recover weight forward onto right

VINE LEFT ¼ TURN, PADDLE TURN PADDLE TURN

- 1-2 Step left to side, step right behind left
- 3-4 Step left to side with ¼ turn left, scuff right beside left
- 5-6 Step right forward, turning ¼ left rock weight onto left
- 7-8 Step right forward, turning ¼ left rock weight onto left

CROSS ROCK SHUFFLE RIGHT, CROSS ROCK SHUFFLE LEFT

- 1-2 Cross right over left, recover weight onto left
- 3&4 Shuffle to right side: stepping right left right
- 5-6 Cross left over right, recover weight onto right
- 7&8 Shuffle to left side: stepping left right left

ROCKING CHAIR, JAZZ BOX

- 1-2 Step right forward, recover weight onto left
- 3-4 Step right back, recover weight forward onto left
- 5-6 Cross right over left, step back onto left
- 7-8 Step right to side, step left beside right

REPEAT

Optional styling: there are certain places in the song at the end of the sequence where the music is pronounced which happens mainly on the back wall. Replace the last four counts of section 4 with the following steps completing a full turn left

- &1&2Step right forward, turning ¼ turn left replace weight onto left, step right forward, turning ¼
turn left replace weight onto left
- &3&4 Step right forward, turning ¼ turn left replace weight onto left, step right forward, turning ¼ turn left replace weight onto left

Do these four counts with arms outstretched like an aeroplane, then restart dance

SUGGESTED FINISH

Finish dance with same four counts as above completing only a 3⁄4 turn left





牆數:4