

My Mistake

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Intermediate
編舞者: David Eddison (UK)
音樂: Mistake - Rachel Warwick



STEP FORWARD WITH HIPS, REPLACE, SHUFFLE FORWARD, STEP FORWARD WITH HIPS, SHUFFLE FORWARD

1-2 Step forward on right foot push hips forward, replace weight onto left

Body should be angled to the left

3&4 Shuffle forward on a right, left, left

5-6 Step forward on left foot, push hips forward, replace weight onto right

Body should be angled to the right

7&8 Shuffle forward on a left, right, left

ROCK, REPLACE, SHUFFLE ½ RIGHT X 3

9-10 Rock forward onto right, replace weight onto left

11&12 Shuffle backward ½ turn to right on a right, left, right

13&14 Shuffle backward ½ turn to right on a left, right, left

15&16 Shuffle backward ½ turn to right on a right, left, right

Option:

13&14 Forward shuffle, left, right, left

15&16 Forward shuffle right, left, right

ROCK, REPLACE, STEP LOCK STEP, ROCK, REPLACE, SHUFFLE ¼ LEFT

17-18 Rock forward onto left, replace weight onto right

19&20 Step back onto left foot, lock right foot in front of left, step back onto left

21-22 Rock back onto right foot, replace weight onto left

23&24 Shuffle ¼ left on a right, left, right

SKATE STEPS TWICE, SHUFFLE ¼, SHUFFLE FORWARD, SHUFFLE ¼

25-26 Step forward on left and swivel left foot outwards, step forward on right and swivel right foot outwards

27&28 Shuffle ¼ left on a left, right, left

29&30 Shuffle forward on a right, left, right

31&32 Shuffle ¼ left on a left, right, left

REPEAT
