

My Love

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Raymond Sarlemijn (NL) & José Miguel Belloque Vane (NL)
音樂: My Love - Justin Timberlake



ARM MOVEMENT, SLIDE, TOGETHER, ROCK FORWARD, ¼ TURN LEFT, HOLD

- 1 Hold right arm in front of chest and push arm forward
- 2 Repeat count 1
- 3 Slide left foot to left
- 4 Close right foot next to left foot
- 5 Rock forward on right foot, while doing this put right shoulder up
- 6 Recover on left foot, while doing this turn ¼ over left and put left foot shoulder up
- 7 Close right foot next to left foot
- 8 Hold

STEP BACK DIAGONAL AND ARM MOVEMENTS, HOLD, STEP FORWARD, OUT, OUT, LOOK RIGHT, HOLD

- 1 Right foot step diagonal back wards, while doing this put both arms above your head
- & Lower both arms a little bit
- 2 Lift arms up above your head
- 3 Left foot step diagonal backwards, while doing this bring arms hips height
- 4 Hold
- 5 Right foot step forward
- & Left foot step forward
- 6 Right foot step out to right
- 7 Left foot step out to left while doing this look to right side
- 8 Hold

JUMPS TO LEFT, ROCK TO SIDE, TURN ¼ RIGHT, SAILOR STEP, HOLD

- 1 Jump on both feet to left
- 2 Repeat count, jump on both to left
- 3 Right foot rock to right, while doing this put right elbow out to right
- 4 Recover weight on left foot, while doing this turn ¼ over right
- 5 Right foot step back
- & Left foot step next to right foot
- 6 Right foot step forward
- 7 Left foot step forward
- 8 Hold

BOUNCE FORWARD, HOLD, HEEL MOVEMENTS, TURN ¼ LEFT, SLIDE TO LEFT

- 1 Right foot step forward, while doing this bent throw knees
- & Recover weight on left foot
- 2 Put weight on right foot
- 3 Left foot step forward
- 4 Hold
- 5 Flick right heel backwards right knee and touch it with left hand
- & Flick right heel up and touch with right hand
- 6 Turn ¼ over left, while doing this flick right heel in front of left knee and touch it with left hand
- 7 Slide right foot to right
- 8 Touch left foot next to right foot and start again and have fun

REPEAT
