

My Love

拍數: 32 牆數: 4 級數: Improver
編舞者: Josefin Blomkvist (SWE)
音樂: My Love - Justin Timberlake



- 1-2 Step right foot to right, cross left foot in front of right foot
- Arms:**
- 1 Put your arm to the sides and the fingers are pointing to the sky
- 2 Take together your hands in front of you (like pray)
- 3-4 Step right foot to right, touch left foot beside right foot
- 5&6 Twist left knee out, in, out
- 7&8 Turn $\frac{1}{4}$ turn to left and step left heel forward, drop left toe (&) and step right foot beside left foot (weight on left foot)
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- 1&2 Jump right foot to right and left foot to left, twist upper body to right diagonally (10:30) and put all weight on left foot
- 3&4 Cross right foot behind left foot, step left foot to left, step right foot in place
- 5&6 Cross (sweep) left foot behind right foot making $\frac{1}{4}$ turn to left, step right foot beside left foot, turn $\frac{1}{4}$ left and step left foot forward
- 7&8 Rock right foot to right, recover on left, step right foot beside left foot
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- 1-2 Rock left foot back, recover on right foot
- 3&4 Step forward on left foot, turn $\frac{1}{2}$ turn to right, touch right heel beside left knee
- If you can't, do right hook in front of left**
- 5-6 Touch right foot to right, cross right foot in front of left
- 7-8 Touch left foot to left, cross left foot in front of right
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- 1&2 Rock right foot to right, recover on left, touch right foot beside left
- 3-4 Step back on right foot, left foot
- 5&6 Rock right foot to right, recover on left, step right foot beside left
- 7&8 Jump forward on both feet to left, right, left (you can do a left shuffle forward instead)

REPEAT
