My Lord Of The Rings

級數: Intermediate/Advanced

編舞者: Judith Campbell (NZ)

拍數: 108

音樂: My Lord Of The Rings - Kathy Raydings

2nd Place in Choreography Section NZ Linedance Championships, April 2003

STEP SWEEP - ACROSS SIDE BEHIND - STEP DRAG - BACK COASTER

- 1-2-3 Step forward on right, sweep left around to front
- 4-5-6 Step left down across in front of right, step right to right, step left behind
- 7-8-9 Step back on right, drag left in towards right
- 10-11-12 Step back on left, step right next to left, step forward on left (coaster)

CROSS SIDE TOGETHER - CROSS SIDE ½ TURN SIDE - STEP HITCH ¼ TURN - STEP HOLD

- 1-2-3 Step right across in front of left, step left to left, step right next to left
- 4-5-6 Step left across in front of right, step right to right turning 1/2 to left, step left to left
- 7-8-9 Step forward on right, hitch left foot up as you rise on ball of right foot, turning ¼ to right

7-8-9 is a smooth movement

10-11-12 Step across down in front of right (body facing right corner), hold for 2 counts

SWAY TO RIGHT HOLD - SWAY LEFT HOLD - SAILOR STEP - TAP ½ TURN LEFT

- 1-2-3 Sway/rock to right, hold 2 counts,
- 4-5-6 Sway/recover onto left, lifting right foot up off floor (leg is straight) hold 2 counts
- 7-8-9 Sailor step (behind side place - right-left-right) weight finishes on right foot
- 10-11-12 Tap left foot behind right, turn 1/2 to left, transfer weight onto left foot

STEP FORWARD BACK HOOK - STEP BACK FORWARD HOOK - STEP TOGETHER STEP - STEP HOLD

- 1-2-3 Step forward on right, slide left towards right up into a back hook
- 4-5-6 Step back on left, slide right towards left up into a front hook
- 7-8-9 Step forward on right, step left next to right, step forward on right,
- 10-11-12 Step forward on left, hold 2 counts

STEP FORWARD DRAG STEP FORWARD DRAG - FORWARD COASTER - STEP BACK DRAG

- 1-2-3 Step forward on right, drag left up to right foot for 2 counts
- 4-5-6 Step forward on left, drag right up to left foot for 2 counts
- 7-8-9 Step forward on right, step left next to right, step back on right (forward coaster)
- 10-11-12 Step back on left, drag right in towards left foot

FULL ROLL TO RIGHT HOLD - ROLL TO LEFT HOLD

- 1-2 Turning 1/4 to right step forward on right to right, start turning body to right
- 3-4 Turning 1/2 to right stepping back on left, turning 1/4 to right step right to right side
- 5-6 Weight over on right foot - hold for 2 counts
- 7-8 Turning ¼ to left step forward on left to left, start turning body to left
- 9-10 Turning 1/2 to left stepping back on right, turning 1/4 to left step left to left side
- 11-12 Weight over on left foot - hold for 2 counts

STEP BACK SWEEP - STEP BACK SWEEP - BACK COASTER - STEP FORWARD HOLD

- 1-2-3 Step back on right, sweep left around to back for 2 counts
- 4-5-6 Step back on left, sweep right around to back for 2 counts
- 7-8-9 Step back on right, step left next to right, step forward on right (coaster)
- 10-11-12 Step forward on left, hold 2 counts





牆數:4

STEP ½ PIVOT HEEL - STEP ½ PIVOT HEEL - STEP ½ PIVOT HEEL - STEP STEP HOLD (REPEAT)

- Step forward on right with ½ pivot to left,
- 2-3 Hold, drop heel of left foot down (making a beat)
- 4 Step forward on right with ½ pivot to left,
- 5-6 Hold, drop heel of left foot down (making a beat)
- 7 Step forward on right with $\frac{1}{2}$ pivot to left,
- 8-9 Hold, drop heel of left foot down (making a beat)
- 10-11-12 Step right forward, step forward on left, hold
- 1-12 Repeat

To start the dance again - step forward on count 1 - then turning 1/2 to right on the sweep on counts 2,3

REPEAT

TAG

1

STEP SWING - BEHIND SIDE FRONT (TWICE)

This only happens at the end of walls 2 (facing front) and 5 (facing 9:00)

- 1-2-3 Step right to right, swing left foot (off the floor) around to back,
- 4-5-6 Step left behind right, step right to right, step left in front of right
- 9-12 Repeat

On wall 4 drop the repeat of ½ pivots

The music slows down on wall 6 just keep dancing at normal speed and it will come in properly on the step forward - hook, back - hook: carry on to end of the dance then add another set (12 counts) of ½ pivots to finish with the music (3 lots in all)