

My Life

COPPER KNOB
BY STEPHEN HETS

拍數: 40 牆數: 4 級數: Improver
編舞者: Sharon Oliver (UK)
音樂: The Story Of My Life - Dave Sheriff



RIGHT VINE, TOUCH, TOUCH OUT, CROSS UNWIND ½ TURN RIGHT WITH HEEL BOUNCES

1-2 Step right to right to right side, cross left behind right
3-4 Step right to right side, touch left beside right
5-6 Touch left out to left side, cross left over right
7-8 Unwind ½ turn left bouncing both heels twice

RIGHT KICK BALL CHANGE, ROCK, ROCK, ½ TURN SHUFFLE, ROCK, ROCK

9&10 Kick right forward, step right beside left, step left in place
11-12 Rock forward on right, rock back onto left
13&14 ½ turn right stepping right, left, right
15-16 Rock forward on left, rock back onto right

COASTER, ROCK, ROCK, COASTER, LEFT VINE TOUCH

17&18 Step back left, step right beside left, step left forward
19-20 Rock forward on right, rock back onto left
21&22 Step back right, step left beside right, step forward right
23-24 Step left to left side, cross right behind left
25-26 Step left to left side, touch right beside left

TOUCH OUT, CROSS UNWIND ½ TURN LEFT WITH HEEL BOUNCES

27-28 Touch right out to right side, cross right over left
29-30 Unwind ½ turn left bouncing both heels twice

LEFT KICK BALL CHANGE, LEFT FORWARD SHUFFLE

31&32 Kick left forward, step right beside left, step left in place
33&34 Step forward left, step right beside left, step forward left

¼ STEP PIVOT LEFT, CROSS SHUFFLE, CROSS UNWIND ½ TURN RIGHT

35-36 Step forward on right pivot ¼ turn left
37&38 Cross right over left, step left to left side, cross right over left
39-40 Cross left over right, unwind ½ turn right

REPEAT
