My Kind Of Woman

拍數: 32

級數: Improver

編舞者: DJ Dan (NL) & Wynette Miller (NL)

音樂: You're My Kind Of Woman - Brady Seals

ROCK STEP FORWARD, COASTER STEP, ROCK STEP FORWARD, TRIPLE ¾ TURN LEFT

- 1-2 Rock right forward, recover weight onto left
- 3&4 Step right back, step left next to right, step right forward
- 5-6 Rock left forward, recover weight onto right
- 7&8 Triple ³/₄ turn left stepping left, right, left, (3:00)

SIDE ROCK, BEHIND-SIDE-CROSS, SIDE ROCK, SAILOR ¼ TURN RIGHT

- 1-2 Rock right to right side, recover weight onto left
- 3&4 Cross right behind left, step left to left side, cross right over left
- 5-6 Rock left to left side, recover weight onto right
- 7&8 Cross left behind right, step right to right side 1/4 turn right, step left to left side, (6:00)

SAILOR STEPS RIGHT AND LEFT, ROCKING CHAIR

- 1&2 Cross right behind left, step left to left side, step right to right side
- 3&4 Cross left behind right, step right to right side, step left to left side, (restart 4th wall)
- 5-8 Rock right forward, recover weight onto left, rock right back, recover weight onto left

STEP-LOCK, LOCK STEP FORWARD, ¼ PADDLE TURN, CROSS & SIDE ROCK

- 1-2 Step right forward, lock left behind right
- 3&4 Step right forward, lock left behind right, step right forward,
- 5-6 Step right forward, make 1/4 turn right, (9:00)
- 7&8 Cross left over right, rock right to right side, recover weight onto left

REPEAT

TAG

After the 4th wall facing 12:00

1-20 Do the first 20 counts of the dance

Then you will start dance again (now facing 6:00)





牆數: 4