

My Kind Of Rain

COPPER **KNOB**
BY STEPHENETS

拍數: 32 牆數: 1 級數: Intermediate
編舞者: Kayla Cosgrove (USA)
音樂: It's Raining Men - The Weather Girls



RIGHT SHUFFLE, LEFT SHUFFLE, PIVOT ½ TURN, HALF TURN

- 1&2 Right shuffle forward stepping right, left, right
3&4 Left shuffle forward stepping left, right, left
5-6 Step right foot forward and make a half turn over the left shoulder, placing weight onto the left foot
7-8 Make another half turn stepping backwards on the right (turning over the left shoulder) rock back onto the left foot

ROCK FORWARD, FULL TRIPLE TURN FORWARD, STEP FORWARD, KICK, LEFT COASTER STEP, TOUCH RIGHT NEXT TO LEFT

- 1 Rock forward onto right foot
2&3 Do a full triple turn forward (stepping left, right, left) turning over the right shoulder
4-5 Step right foot forward, kick left foot out in front of you
6&7-8 Step left foot back, bring right foot next to it, step left foot forward, touch right foot next to left foot

SEXY TURN! (4, ¼ TURNS TO FACE THE FRONT WALL AGAIN)

- 1-2 Step right foot forward, make a half turn to the left (weight on left foot)
3-4 Step right foot forward, make a half turn to the left (weight on left foot)
5-6 Step right foot forward, make a half turn to the left (weight on left foot)
7-8 Step right foot forward, make a half turn to the left (weight on left foot)

Have fun with this, throw your hips into it

KICK BALL TOUCH, KICK BALL TOUCH, SWITCHES

- 1&2 Kick right foot forward, quickly step it next to the left foot (with weight), touch the left foot next to right
3&4 Kick left foot forward, quickly step it next to the right foot (with weight), touch the right foot next to left
5&6& Place right heel out, bring it in next to the left (with weight) and place left heel out, bring left foot in next to the right (with weight)
7&8& Place right heel out, bring it in next to the left (with weight), place left heel out, and quickly bring it in next to the right (with weight)

REPEAT

TAG

After your second, third, & fourth time through the dance

STOMP, HOLD

- 1-4 Stomp right foot forward (with out weight, remember you need that right foot to shuffle forward after the tag) and hold for 3 counts

or free style. you've got 4 counts

RESTART

After you dance the 3rd tag, you do the dance twice through and do the beginning of the 1st 8 count, then you restart the dance again

You do the dance another 3 times through, and do the 1st 8 count, and then restart the dance