

My Home Town

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4
編舞者: Ann Bradburne (UK/SPN)
音樂: Life Is Good - Emilio

級數: Intermediate



RIGHT GRAPEVINE WITH ½ TURN RIGHT AND SCUFF, SHUFFLE LEFT, ROCK, ROCK

- 1-4 Step right foot to right side, cross left behind right, step right to right with ½ turn to right and scuff with left
- 5&6 Step left foot to left side bringing right to left, step left to left side,
- 7-8 Rock back onto right, rock forward onto left

RIGHT AND LEFT KICK BALL TOUCH, FORWARD TOUCH, SIDE TOUCH, CROSS, UNWIND ½ TURN LEFT

- 9&10 Kick right foot forward, quickly step on right foot in place and touch left out to left side
- 11&12 Kick left foot forward, quickly step on left foot in place and touch right out to right side
- 13-16 Touch right toes in front of left foot, touch right toes to right side, cross right over left and ½ turn to left

LEFT GRAPEVINE WITH ½ TURN LEFT AND SCUFF, SHUFFLE RIGHT, ROCK, ROCK

- 17-20 Step left foot to left side, cross right behind left, step left to left with ½ turn to left and scuff with right
- 21&22 Step right foot to right side bringing left to right, step right to right side,
- 23-24 Rock back onto left, rock forward onto right,

LEFT AND RIGHT KICK BALL TOUCH, FORWARD TOUCH, SIDE TOUCH, CROSS, UNWIND ½ TURN RIGHT

- 25&26 Kick left foot forward, quickly step on left foot in place and touch out to right side
- 17&28 Kick right foot forward, quickly step on right foot in place and touch left out to left side
- 28-32 Touch left toes in front of right foot, touch left toes to left side, cross left over right and ½ turn to right

RIGHT AND LEFT SIDE STEPS, CLAPS AND ½ TURNS

- 33-36 With left arm bent across at chest level, step right foot to right side extending right arm out at same time, return right arm to meet left and clap once, bend right arm across at chest level and ½ turn to right stepping left foot to left side extending left arm out at same time, return left arm to meet right and clap once,
- 37-40 Bend left arm across at chest level and ½ turn to left stepping right foot to right side extending right arm out at same time, return right arm to left and clap once, bend right arm across at chest level and ½ turn to right stepping left foot to left side extending left arm out at same time, return left arm to meet right and clap once

RIGHT KICK BALL CHANGE WITH ¼ TURN LEFT, RIGHT KICK BALL CHANGE

- 41&42 Kick right foot forward, step on ball of right foot in place, quickly stepping onto left foot at same time making a ¼ turn left
- 43&44 Kick right foot forward, step onto ball of right foot in place, quickly stepping onto left foot

RIGHT FORWARD STEP, ½ PIVOT LEFT, RIGHT FORWARD STEP, ½ PIVOT LEFT

- 45-46 Step forward onto right foot and with weight on ball of foot pivot ½ turn to left
- 47-48 Step forward onto right foot and with weight on ball of foot pivot ½ turn to left

WALK FORWARD, KICK AND CLAP, WALK BACKWARDS, BALL CROSS

- 49-52 Walk forward, right, left, right and kick left foot forward with clap at same time

53-55 Walk backwards, left, right, left
&56 Step onto ball of right foot and quickly cross left over right

EXTENDED RIGHT VINE, SIDE ROCK, ½ TURN LEFT

57-58 Step right foot to right side, cross left behind right (with downwards movement)
59-60 Step right foot to right side, cross left in front of right (with downwards movement)
61-62 Step right foot to right side, cross left behind right (with downwards movement)
63-64 Rock onto right foot to right side, ½ turn to left

REPEAT
