

My Heroes Have Always Been Cowboys

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate/Advanced waltz
編舞者: John Wilson (UK)
音樂: My Heroes Have Always Been Cowboys - Willie Nelson



Sequence: AAAA, BB, TAG 1, AAAA, BB, TAG 2

PART A

RIGHT TWINKLE, LEFT TWINKLE. STEP ½ TURN STEP TWICE

1-3 Cross right foot over left, step left to side, step right together
4-6 Cross left foot over right, step right to side, step left together
7-9 Step forward on right, step forward on left pivot ½ turn right, step forward on right
10-12 Step forward on left, step forward on right pivot ½ turn left, step forward on left

STEP LOCK STEP TWICE, STEP ¼ TURN, PIVOT ½ TURN, STEP, PIVOT ½ TURN SLIDE, HOLD

1-3 Step diagonally to right with right foot, lock left behind right, step right diagonally to right
4-6 Step left foot diagonally to left, lock right behind, step left diagonally to left
7-9 Step right foot ¼ turn right, step forward on left pivot ½ turn right, step forward on right
10-12 Step forward on left foot pivot ½ turn right, slide right beside left, hold

PART B:

STEP SLIDE HOLD X 4

1-3 Step out long diagonally on right foot making ¼ turn right, slide left beside right, hold (facing 3:00)
4-6 Step back diagonally on left making ¼ turn right, slide right beside left, hold. (facing 6:00)
7-9 Step out long diagonally on right foot making ¼ turn right, slide left beside right, hold (facing 9:00)
10-12 Step back diagonally on left making ¼ turn right, slide right beside left, hold (facing 12:00)

TWINKLE STEP TWICE, CROSS STEP 1 ½ TURN, STEP SLIDE, HOLD

1-3 Cross right foot over left, step left to the side, step right together
4-6 Cross left foot over right, step right to the side, step left together
7-9 Cross right over left, step left beside right making ¼ turn right, step right foot ¼ turn right to right side
10-12 Step left to left side, slide right beside left, hold

TAG 1

CROSSING TWINKLE TWICE

1-3 Cross right over left, step left to the side, step right together
4-6 Cross left over right, step right to the side, step left together

TAG 2

TWINKLE STEP TWICE, CROSS STEP 1 ½ TURN, STEP SLIDE, HOLD

1-3 Cross right foot over left, step left to the side, step right together
4-6 Cross left foot over right, step right to the side, step left together
7-9 Cross right over left, step left beside right making ¼ turn right, step right foot ¼ turn right to right side
10-12 Step left to left side, slide right beside left, hold

BACK, BACK, CURTSY

- 1-3 Step back on right, slide left beside right, hold
 - 4-6 Step back on left, slide right beside left, hold
 - 7 Put right toe behind left foot, bend knees and slowly curtsy to end dance
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