

# My Heart Is Dying

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Mark Cosenza (USA)  
音樂: My Heart Is Dying - Anna S



## ROCK RECOVER, SIDE MAMBO TOUCH, TOUCH FORWARD, ¼ SWEEP AROUND, SAILOR STEP

1-2      Rock forward right, recover left  
3&4      Side rock right, recover left, touch right next to left  
5-6      Touch forward right, turn ¼ right and rondé right from front to back (3:00)  
7&8      Step down right behind left, step left next to right, step right forward

## CROSS ROCK, ¼ PIVOT, STEP & POINT, STEP & POINT, & STEP, STEP

1-2      Cross rock left, recover right  
3&4      Turn ¼ left and rock left behind right, recover to right, point left side left (12:00)  
5-6      Step left in place, point side right  
&7-8      Rock right in place, recover to left, step forward right

## CROSS ROCK, SIDE TOGETHER SIDE, STEP ½ PIVOT HOOK, SHUFFLE FORWARD

1-2-3&4      Cross rock left, recover right, step side left, close right to left, step side left  
5-6      Step forward right, turn ½ left and hook left in front of right knee (6:00)  
7&8      Step forward left, right, left

## STEP ½ PIVOT HOOK, SHUFFLE FORWARD, ROCK SIDE, RECOVER, & PADDLE IT AROUND

1-2      Step forward right, turn ½ left and hook left in front of right knee (12:00)  
3&4      Step forward left, right, left  
5-6      Side rock right, recover left  
&7      Turn ¼ left and hitch right knee, touch right next to left (9:00)  
&8      Turn ½ left and hitch right, touch right next to left (3:00)

## REPEAT

## TAG

Do the following at the end of walls 1 & 4 only

## ROCK RECOVER, COASTER STEP, DIAGONAL STEP TOGETHER, SIDE ROCK TOGETHER

1-2      Rock right forward, recover left  
3&4      Step back right, step left next to right, step forward right  
5-6      Take large left diagonal step forward on left, step right to left  
7&8      Side rock step left, recover right, step left to right

## CROSS ROCK, RECOVER, SIDE TOGETHER SIDE, CROSS LEFT UNWIND FULL TURN

1-2-3&4      Cross rock right, recover left, step side right, close left to right, step side right  
5-8      Cross left over right, unwind a full turn to the right crossing both hands over your heart

## RESTART

As you begin the 7th wall, there will be a distinct change in the arrangement. Following the end of the 7th wall (you should now be facing 9:00), do the following for counts 33-36:

33-36      Cross right over left and unwind ¾ to the left putting both hands crossed over the heart

You should now be facing the front wall as you begin the dance again

## ENDING

The song ends after the paddle turn on counts 29-32 and you should be facing front on the final note. Simply step the right foot down next to left for the final note of the song

