

My Heart

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lonewolf
音樂: Open Season On My Heart - Tim McGraw



SIDE SHUFFLE, CROSS, FULL TURN, SIDE SHUFFLE, CROSS, FULL TURN

- 1&2 Right side shuffle (right-left-right)
3-4 Step crossing left over right, unwind full turn right (keep feet in place and pivot weight on right)
5&6 Left side shuffle (left-right-left)
7-8 Step crossing right over left, unwind full turn left (keep feet in place and pivot weight on left)

SIDE ROCK, RECOVER, ¾ TURN, KICK, COASTER, SIDE STEP, PIVOT AND TOUCH

- 9-10 Side rock right, recover on left
11-12 Pivot ¾ turn left on ball of left foot, kick right foot forward (3:00)
13&14 (Coaster step) step back on right, step together on left, step forward on right
15-16 Step left foot to left side, pivot ¼ left on ball of left and touch right beside left (6:00)

SHUFFLE FORWARD, ROCK, RECOVER, ROCK, RECOVER, SHUFFLE BACK

- 17&18 Shuffle forward (right-left-right)
19-20 Left foot rock forward, recover on right
21-22 Left foot rock forward, recover on right
23&24 Shuffle back (left-right-left)

ROCK, RECOVER, ROCK, RECOVER, CROSS, UNWIND ¾, STEP, HOLD

- 25-26 Right foot rock back, recover on left
27-28 Right foot rock back, recover on left
29-30 Step crossing right over left, unwind ¾ turn left with weight on right and left toe forward
31-32 Step down on left shifting weight forward to left, hold

REPEAT
