

# My Heart

**COPPER KNOB**  
STEPPERS

拍數: 36      牆數: 4      級數: Improver  
編舞者: Allan Watson (AUS)  
音樂: Under the Influence of Love - Gina Jeffreys



## 2 RIGHT KICK-BALL CHANGES

1&2      Kick right foot forward, step right, left on spot  
3&4      Kick right foot forward, step right, left on spot

## MONTEREY TURN RIGHT

1-2      Touch right toe to right side, together  
3-4      Turn ½ left, toe to left side, together  
5-6      Touch right toe to right side, together  
7-8      Turn ½ left, toe to left side, together

## RIGHT SHUFFLE FORWARD, ROCK FORWARD LEFT, BACK RIGHT

1&2      Step right forward, bring left behind, step right forward  
3-4      Step forward on left locking forward, step back on right rocking back

## LEFT SHUFFLE FORWARD, ROCK BACK RIGHT, FORWARD LEFT

1&2      Step left back, bring right behind, step right forward  
3-4      Step back on right, rocking backward, step forward on left, rocking forward

## RIGHT SIDE SHUFFLE, ROCK RIGHT, LEFT

1&2      Step right to right, step left beside right, step right to right  
3-4      Step left back and behind right rocking to right, rock forward onto right taking weight

## LEFT SHUFFLE FORWARD, ¼ TURN LEFT, PIVOT

1&2      Step left forward, bring right to left, step left forward  
3-4      Right toe forward, ¼ turn left on ball of left foot

## DOUBLE HIP BUMPS FORWARD, DOUBLE HIP BUMPS BACK

1&2      Bump hips forward twice  
3&4      Bump hips back twice

## SINGLE HIP BUMPS

1-2      Bump hips forward, bump hips back  
3-4      Bump hips forward, bump hips back

## REPEAT

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