

My Guy

COPPER KNOB
BY STEPHEN WELLS

拍數: 64 牆數: 1 級數: Intermediate
編舞者: Diana Wicks
音樂: My Guy - Mary Wells



GRAPEVINE RIGHT, GRAPEVINE LEFT

1-4 Step right to right side, cross left behind right, right to right side, touch left
5-8 Step left to left side cross right behind left, left to left side, touch right

TWO ¼ MONTEREY TURNS RIGHT

1-4 Touch right out to right side, turn ¼ right bringing right next to left, touch left to left side, step left next to right
5-8 Touch right out to right side, turn ¼ right bringing right next to left, touch left to left side, step left next to right

SHUFFLE, ROCKING CHAIR, FORWARD ROCK

1&2 Step forward right, close left beside right step
3-8 Left rock forward, step right in place, left rock back, step right in place left rock forward, step right in place

STEP LEFT, RIGHT, LEFT, RIGHT

1-2 Step left to left side, touch right foot next to left
3-4 Step right to right side, touch left foot to right
5-6 Step left to left side, touch right foot next to left
7-8 Step right to right side, touch left foot to right

CHASSE. SHUFFLE, SHUFFLE, STEP ½ TURN

1&2 Step left to left side close right beside left, step left to left side
3&4 ¼ turn left, shuffle forward right left right
5&6 Shuffle forward left right left
7-8 Step forward right pivot ½ turn left

TOE STRUTS RIGHT, LEFT, RIGHT, LEFT

1-2 Touch right toe forward, drop right heel to floor taking weight
3-4 Touch left toe forward, drop left heel to floor taking weight
5-6 Touch right toe forward, drop right heel to floor taking weight
7-8 Touch left toe forward, drop left heel to floor taking weight

FORWARD MOVING ROCK AND CROSS STEPS RIGHT AND LEFT

1-4 Rock right to right side, rock weight onto left in place, step right forward across left, hold
5-8 Rock left to left side, rock weight onto right in place, step left forward across right, hold

STEP ¼ TURN LEFT, REPEAT

1-4 Step forward right, hold, ½ turn, hold
5-8 Step forward right, hold, ¼ turn, hold

REPEAT

TAG

RIGHT HEEL HOOK, LEFT HEEL HOOK, 4 SHUFFLES FORWARD, 4 SHUFFLES BACK, STEP ½ TURN, STEP ½ TURN

1-6 Right heel hook, step forward on right, touch left next to right, step back on left, close right

7-12 Left heel hook, step forward on left, touch right next to left, step back on right, close left

4 SHUFFLES FORWARD

13&14 Right left right

15&16 Left right left

17&18 Right left right

19&20 Left right left

4 SHUFFLES BACK

21&22 Right left right

23&24 Left right left

25&26 Right left right

27&28 Left right left

29-30 Step forward right, pivot $\frac{1}{2}$ turn left

31-32 Step forward right, pivot $\frac{1}{2}$ turn left

1-64 Repeat the main dance

TWO BODY ROLLS, LEFT PIVOT, LEFT PIVOT

1-4 Body roll

5-8 Body roll

9-10 Step forward right, pivot $\frac{1}{2}$ turn left

11-12 Step forward right, pivot $\frac{1}{2}$ turn left

1-64 Repeat the main dance
