

# My Guy

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Mark Cook (UK)  
音樂: My Guy - Mary Wells



## JAZZ BOX, SCUFF, WEAVE RIGHT

1-2            Cross right over left, step back on left  
3-4            Step right to right side, scuff left forward  
5-6            Cross left over right, step right to right side  
7-8            Cross left behind right, step right to right side

## JAZZ BOX, SCUFF, WEAVE LEFT

9-10           Cross left over right, step back on right  
11-12          Step left to left side, scuff right forward  
13-14          Cross right over left, step left to left side  
15-16          Cross right behind left, step left to left side making  $\frac{1}{4}$  turn to the left

## ROCK, SHUFFLE BACK, STEP BACK, PIVOT, STEP FORWARD, PIVOT

17-18          Rock forward on right, recover weight to left  
19&20          Shuffle back on right, (right, left, right)  
21-22          Step left back, turn  $\frac{1}{2}$  over left shoulder  
23-24          Step forward on right, pivot  $\frac{1}{4}$  turn over left shoulder

## SAILOR TWICE, ROCK, COASTER

25&26          Step left behind right, step right to right side, step left to left side  
27&28          Step right to right side, step left to left side, step right to right side  
29-30          Rock forward on left, recover weight to right  
31&32          Step left back, step right next to left, step forward on left

## SIDE STEP RIGHT TWICE, SIDE STEP LEFT TWICE, $\frac{1}{4}$ TURN SHUFFLE

33-34          Step right to right side, step left next to right  
35-36          Step right to right side, touch left next to right  
37-38          Step left to left side, step right next to left  
39&40          Step left to left side, step right next to left, step left to left side making  $\frac{1}{4}$  turn left

## PIVOT TURN, SHUFFLE, ROCK, COASTER

41-42          Step forward on right, pivot  $\frac{1}{2}$  turn over left shoulder  
43&44          Shuffle forward on right, (right, left, right)  
45-46          Rock forward on left, recover weight on right  
47&48          Step back on left, step right next to left, step forward on left

## TOE STRUTS X 4,

49-50          Step back on right toe, step down on right heel  
51-52          Step back on left toe, step down on left heel  
53-54          Step back on right toe, step down on right heel  
55-56          Step back on left toe, step down on left heel

## COASTER, SHUFFLE, PIVOT $\frac{1}{2}$ , PIVOT $\frac{1}{4}$

57&58          Step back on right, step left next to right, step forward on right  
59&60          Shuffle forward on left, (left, right, left)  
61-62          Step forward on right, pivot  $\frac{1}{2}$  turn over left shoulder

63-64 Step forward on right, pivot  $\frac{1}{4}$  turn to the left

**REPEAT**

**TAG**

**STEP POINTS, FORWARD X 3, BACK X 4, FORWARD X 1**

**After count 32, on wall 4**

1-2 Step forward on right, point left to left side

3-4 Step forward on left point right to right side

5-6 Step forward on right, point left to left side

7-8 Step back on left, point right to right side

9-10 Step back on right, point left to left side

11-12 Step back on left, point right to right side

13-14 Step back on right, point left to left side

15-16 Step forward on left, point right to right side

**After the tag, you dance one more wall, then repeat counts 49 to 64, two more times.**

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