

My Girl

拍數: 64 牆數: 4 級數: Improver
編舞者: Chris West
音樂: Compliments (feat. Brian And Tony Gold) - Red Dragon



CAMEL RIGHT, CAMEL LEFT

1-2-3-4 Step right to right 45, slide left beside right, step right to right 45, slide left beside right
5-6-7-8 Step left to left 45, slide right beside left, step left to left 45, slide right beside left

DIAGONAL STEP BACK

1-2 Step right back to r45, touch left beside right and click fingers
3-4 Step left back to l45, touch right beside left and click fingers
5-6 Step right back to r45, touch left beside right and click fingers
7-8 Step left back to l45, touch right beside left and click fingers

GRAPEVINE RIGHT, GRAPEVINE LEFT, SCUFF RIGHT

1-2-3-4 Step right to right side, step left behind right, step right to right side, touch left beside right
5-6-7-8 Step left to left side, step right behind left, step left to left side, scuff right forward

V - STEP

1-2-3-4 Step right toe 45 degrees right, drop right heel. Step left toe 45 degrees left, drop left heel
5-6-7-8 Step right toe back, drop right heel, step left toe back next to right, drop left heel

RIGHT TOE TOUCH SIDE & IN FRONT AND ¼ TURN TO RIGHT, TOE/HEEL STRUTS

1-2-3-4 Touch right toe to right side, touch right toe in front of left, touch right toe to right side, drag right to left turning ¼ right, weight on left foot
5-6-7-8 Right toe/heel strut, left toe/heel strut

WEIGHT ON LEFT, SCUFF RIGHT AROUND ½ AND SCUFF RIGHT AGAIN, HITCH, HEEL STRUTS

1-2-3-4 Scuff right foot/leg around, scuff right again, hitch right
5-6-7-8 Right heel strut, left heel strut

ROCKING CHAIR AND HOLD

1-2-3-4 Step right forward, rock back on left, step right back and hold
5-6-7-8 Step left back, rock forward on right, step left forward and hold

FORWARD PIVOT ½ AND HOLD

1-2-3-4 Step right forward pivot ½ left, step right forward and hold
5-6-7-8 Step left forward pivot ½ right, step left forward and hold

REPEAT

RESTART

On wall 4, dance to beat 32, then restart the dance