

My Gang

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Ernie Zubik (USA)
音樂: Me and My Gang - Rascal Flatts



GRAPE VINE RIGHT SPIN FULL TURN GRAPE VINE LEFT

1-2 Step right to right step left behind right
3-4 Step right to right push off with left spinning full turn on right
5-6 Step left to left step right behind left
7-8 Step left to left touch right beside left

HEEL SWITCHES WALK AND KICK

1&2 Touch right heel forward recover touch left heel forward
&3&4 Step on left touch right heel forward step right touch left heel forward
&-5 Step onto left step forward on right
6-7-8 Walk left right kick left

RIGHT ¼ TURN JAZZ SQUARE & APPLE JACKS

1-4 Step left over right step right to right side making ¼ turn to right step left next to right touch right next to left
5&6 Swivel right toes to right-left heel to right, swivel right toes back to center-left heel back to center, swivel right toes to right- left heel to right
&7&8& Swivel right toes back to center- left heel back to center, swivel left toes to left-right heel to left, swivel right toes to right -left heel to right, swivel right toes back to center-left heel back to center

Option for Apple Jacks:

5&6&7&8& Swivel heels right, center, left, center, right, center, left, center

ROCK STEP COASTER STEP CROSS UNWIND KICKBALL CROSS

1-2 Rock forward on right recover to left
3&4 Step right foot back step left together step forward right
5-6 Step left over right unwind half turn to right
7&8 Kick right forward recover to right cross left over right

REPEAT

TAG

At the end of the first wall only, step forward right with 2 hips forward and 2 hips back
This dance is dedicated to my Thursday night dance class. You are my inspiration
