

My Friend (A Dance For Connor)

COPPER **KNOB**
BY STEPSHEETS

拍數: 48 牆數: 2 級數:
編舞者: Kerri Limb (UK)
音樂: Every Day Every Night - Mark Pinellie



This dance is dedicated to Connor Friend, a six year old boy who tragically died in September 2001.

ROCK RECOVER, SHUFFLE FORWARD TWICE

1-2 Rock right foot out to right side recover on left
3-4 Shuffle forward right, left, right
5-6 Rock left foot out to left side recover on right
7-8 Shuffle forward left, right, left

STEP SIDE, BEHIND ¼ TURN SHUFFLE. STEP ½ TURN PIVOT, FULL TURN

1-2 Step right to right side, step left behind right
3-4 Making a ¼ turn to your right, shuffle forward on a right, left, right
5-6 Step forward on left foot make a ½ turn over right shoulder
7-8 Step forward on left foot making a full turn over right shoulder, step down on right foot

ROCK & CROSS TWICE BACK LOCK STEPS TWICE

1&2 Rock left out to left side, cross left over right
3&4 Rock right out to right side, cross right over left
5&6 Step back left, lock right in front of left, step back left
7&8 Step back right, lock left in front of right, step back right

JAZZ BOX WITH A SWEEP

1 Step forward on left foot
2 Sweep right foot past left foot
3 Cross right foot across left foot
4 Step left beside right foot

CHASSE RIGHT, ROCK BACK, CHASSE LEFT, ROCK BACK

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left foot, recover on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right foot, recover on left

½ TURN PIVOT, SHUFFLE FORWARD TWICE

1-2 Step forward on right foot, pivot ½ turn over left shoulder
3-4 Shuffle forward right, left, right
5-6 Step forward on left foot, pivot ½ turn over right shoulder
7-8 Shuffle forward left, right, left

½ TURN PIVOT, CROSS UNWIND ¾ TURN

1-2 Step forward on right foot, pivot ½ turn over left shoulder
3-4 Cross right foot over left, unwind ¾ turn over left shoulder

REPEAT
