

My First

拍數: 32 牆數: 4 級數: Improver
編舞者: Kirsten Grønholm (DK)
音樂: Surrender - Laura Pausini



RIGHT TOE SWITCHES, WALK RIGHT-LEFT, TWICE

1&2& Touch right toe forward, right beside left, touch left toe forward, left next to right
3-4 Walk right, left
5&6& Touch right toe forward, right beside left, touch left toe forward, left next to right
7-8 Walk right-left

RIGHT ROCK, RIGHT BACK COASTER, LEFT ROCK, LEFT BACK COASTER

1-2 Rock forward on right, step back on left
3&4 Step back on right, step left next to right, step right forward
5-6 Rock forward on left, step back on right
7&8 Step back on left, step right next to left, step left forward

VINE RIGHT TOUCH, VINE LEFT TOUCH (ROLLING VINE LEFT)

1-4 Step right to right, left behind right, step right to right, touch left to right
5-8 Step left to right, right behind left, step left to left, touch right to left

RIGHT KICKBALL CHANGE, PIVOT LEFT, RIGHT KICKBALL CHANGE, PIVOT ¼ TURN LEFT

1&2 Kick right forward, right next to left, step left in place
3-4 Step right forward, pivot ½ turn left
5&6 Kick right forward, right next to left, step left in place
7-8 Step right forward, pivot ¼ turn left

REPEAT

RESTART

Restart after rolling vine, in 9th wall
