

My Everything

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 4 級數: Improver social cha
編舞者: Sylvia Schell (USA)
音樂: Everything - Michael Bublé



ROCK BACK, RECOVER, SHUFFLE ¼ TURN, ROCK, RECOVER, SHUFFLE ½ TURN

1-2 Rock left behind right, recover right
3&4 Turning ¼ turn left shuffle (left, right, left)
5-6 Rock forward on right, recover left
7&8 Turning ½ turn right shuffle (right, left, right) (3:00)

CROSS ROCK, RECOVER, SHUFFLE ¼ TURN, ROCK, RECOVER, SHUFFLE ½ TURN

1-2 Cross left over right, recover right
3&4 Turning ¼ turn left shuffle (left, right, left)
5-6 Rock forward on right, recover left
7&8 Turning ½ turn right shuffle (right, left, right) (6:00)

SIDE LEFT, CROSS ROCK, RECOVER, SIDE SHUFFLE, CROSS ROCK, RECOVER

1-3 Step left to left side, cross right over left, recover left
4&5 Shuffle (right, left, right) to right side
6-7 Cross left over right, recover right

STEP LEFT ¼ TURN, STEP BACK RIGHT ½ TURN, ¼ TURN SHUFFLE, CROSS ROCK, RECOVER, SHUFFLE, HOLD

8-1 Step left forward turning ¼ turn left, step back on right turning ½ turn left
2&3 Shuffle (left, right, left) turning ¼ turn left (6:00)
4-5 Cross right over left, recover left
6&7 Shuffle (right, left, right) to right side
8 Hold

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER, SIDE SHUFFLE

1&2 Rock left behind right, recover right, step left beside right
3&4 Rock right behind left, recover left, step right beside left
5-6 Rock left behind right, recover right
7&8 Shuffle (left, right, left) to left side

ROCK, RECOVER, STEP, ROCK, RECOVER, STEP, ROCK, RECOVER, SHUFFLE ¼ TURN

1&2 Rock right behind left, recover left, step right beside left
3&4 Rock left behind right, recover right, step left beside right
5-6 Rock right behind left, recover left
7&8 Turning ¼ turn left shuffle back (right, left, right) (3:00)

Restart here on 2nd rotation (you will be facing 6:00 when you restart dance)

ROCK BACK, RECOVER, FORWARD SHUFFLE, ROCK FORWARD, RECOVER, SHUFFLE BACK

1-2 Rock back on left, recover right
3&4 Shuffle forward (left, right, left)
5-6 Rock forward on right, recover left
7&8 Shuffle back (right, left, right)

SIDE, BEHIND, SIDE, BEHIND, SIDE SHUFFLE, STEP FORWARD, HOLD

1-4 Step left side with left, step behind with right, step left side with left, step behind with right
5&6 Shuffle (left, right, left) to left side

7-8 Step forward on right, hold

REPEAT

RESTART

Restart during second rotation as noted above
