

# My Everything

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Sue Bromley (UK)  
音樂: You're the First, the Last, My Everything - Barry White



Do the tag on every other wall (walls 2, 4, etc.)

## STOMP HOLD SHUFFLE TWICE

1-2              Stomp right foot forward. Hold for one count  
3&4             Step forward on left foot, slide right up to left, step forward on left foot  
5-8              Repeat counts 1 to 8

## RIGHT FORWARD SIDE TRIPLE ½. LEFT FORWARD SIDE TRIPLE ½

9-10            Touch right toe forward then to the side  
11&12          Triple step, right, left, right  
13-14          Touch left toe forward then to the side  
15&16          Triple step, left, right, left

## HEEL BALL CROSSES, ROCKS AND SAILOR STEPS TWICE

17&18          Present right heel forward. Step right foot next to left. Cross left foot right  
19-20          Repeat counts 17 to 18  
21-22          Rock right foot to right side. Recover weight back onto left  
23&24          Step right foot behind left. Step left foot to left side. step down on right foot  
25-32          Repeat counts 17 to 24, on left foot

## FORWARD CLAP, BACK CLAP, BACK CLAP, FORWARD CLAP

33-34          Step right foot forward, touch left next to right and clap  
35-36          Step back on left foot, touch right next to left and clap  
37-38          Step back on right foot, touch left next to right and clap  
39-40          Step forward on left foot, touch right next to left and clap

## ¼ MONTEREY TURNS TWICE

41-42          Point right toe to right side. Step right next to left making a ¼ turn right  
43-44          Point left toe to left side. Step left foot besides right foot changing weight  
45-48          Repeat counts 41 to 44

## RIGHT HEEL HOOK RIGHT SHUFFLE, LEFT HEEL HOOK LEFT SHUFFLE

49-50          Present right heel forward and hook it across left leg  
51&52          Shuffle forward on, right, left, right  
53-54          Present left heel forward and hook it across right leg  
55&56          Shuffle forward on, left, right, left

## CROSS ROCK ¾ TURN SWITCHES AND HOLDS

57-58          Rock right foot over left. Recover weight back onto left  
59&60          Triple step, right, left, right making a ¾ turn right  
61-62          Point left toe to left side and hold for 1 count  
63-64          Point right toe to right side and hold for 1 count

## REPEAT

## TAG

1-2              Point left toe to left side and hold for 1 count

3-4 Point right toe to right side and hold for 1 count  
5&6 Point left toe to left side switch and point right toe to right side  
7&8 Repeat counts 5&6 in the tag section

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