

My Everything

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Sue Bromley (UK)
音樂: You're the First, the Last, My Everything - Barry White



Do the tag on every other wall (walls 2, 4, etc.)

STOMP HOLD SHUFFLE TWICE

1-2 Stomp right foot forward. Hold for one count
3&4 Step forward on left foot, slide right up to left, step forward on left foot
5-8 Repeat counts 1 to 8

RIGHT FORWARD SIDE TRIPLE ½. LEFT FORWARD SIDE TRIPLE ½

9-10 Touch right toe forward then to the side
11&12 Triple step, right, left, right
13-14 Touch left toe forward then to the side
15&16 Triple step, left, right, left

HEEL BALL CROSSES, ROCKS AND SAILOR STEPS TWICE

17&18 Present right heel forward. Step right foot next to left. Cross left foot right
19-20 Repeat counts 17 to 18
21-22 Rock right foot to right side. Recover weight back onto left
23&24 Step right foot behind left. Step left foot to left side. step down on right foot
25-32 Repeat counts 17 to 24, on left foot

FORWARD CLAP, BACK CLAP, BACK CLAP, FORWARD CLAP

33-34 Step right foot forward, touch left next to right and clap
35-36 Step back on left foot, touch right next to left and clap
37-38 Step back on right foot, touch left next to right and clap
39-40 Step forward on left foot, touch right next to left and clap

¼ MONTEREY TURNS TWICE

41-42 Point right toe to right side. Step right next to left making a ¼ turn right
43-44 Point left toe to left side. Step left foot besides right foot changing weight
45-48 Repeat counts 41 to 44

RIGHT HEEL HOOK RIGHT SHUFFLE, LEFT HEEL HOOK LEFT SHUFFLE

49-50 Present right heel forward and hook it across left leg
51&52 Shuffle forward on, right, left, right
53-54 Present left heel forward and hook it across right leg
55&56 Shuffle forward on, left, right, left

CROSS ROCK ¾ TURN SWITCHES AND HOLDS

57-58 Rock right foot over left. Recover weight back onto left
59&60 Triple step, right, left, right making a ¾ turn right
61-62 Point left toe to left side and hold for 1 count
63-64 Point right toe to right side and hold for 1 count

REPEAT

TAG

1-2 Point left toe to left side and hold for 1 count

3-4 Point right toe to right side and hold for 1 count
5&6 Point left toe to left side switch and point right toe to right side
7&8 Repeat counts 5&6 in the tag section
