

My Boogie Rockin Baby

COPPER KNOB
STEPPERS

拍數: 48 牆數: 2 級數:
編舞者: Ed Henry (USA)
音樂: Boogie Back to Texas - Asleep at the Wheel



SIDE TOGETHER, SIDE TOGETHER, SIDE TOGETHER

- 1 Right foot to right side
- 2 Together
- 3 Left foot to left side
- 4 Together
- 5 Right foot to right side
- 6 Together
- 7 Left foot to left side
- 8 Together

SWIVEL, SWIVEL, SWIVEL, SWIVEL, HIP, HIP, HIP, HIP

Slowly drop down on counts 1-4, slowly raise back up on counts 5-8

- 1 Swivel (knees right, heels left)
- 2 Swivel (knees left, heels right)
- 3 Swivel (knees right, heels left)
- 4 Swivel (knees left, heels right)
- 5 Right hip (lift)
- 6 Left hip (lift)
- 7 Right hip (lift)
- 8 Left hip (lift)

HALF TURN, HALF TURN, SIDE TOGETHER SIDE, ROCK STEP

- 1 Step forward right foot
- 2 Half turn to your left
- 3 Step forward right foot
- 4 Half turn to your left
- 5&6 Side shuffle, step side right, together, step side right
- 7 Step slightly back left foot (5th position)
- 8 Rock forward on right foot (5th position)

HALF TURN, HALF TURN, SIDE TOGETHER SIDE, ROCK STEP

- 1 Step forward left foot
- 2 Half turn to your right
- 3 Step forward left foot
- 4 Half turn to your right
- 5&6 Side shuffle, step side left, together, step side left
- 7 Step slightly back right foot (5th position)
- 8 Rock forward on left foot (5th position)

HIP, HIP, HIP, HIP, HIP, HIP, HIP, HIP (HALF TURN BOOGIE WALK)

- 1 Slight step forward right foot and lift right hip (start ½ turn left)
- 2 Lift left hip
- 3 Slight step forward right foot and lift right hip (start ½ turn left)
- 4 Lift left hip
- 5 Slight step forward right foot and lift right hip (start ½ turn left)
- 6 Lift left hip

- 7 Slight step forward right foot and lift right hip (start ½ turn left)
- 8 Lift left hip (completes ½ turn to left)

RIGHT SHUFFLE, LEFT SHUFFLE, SCOOT FORWARD, CLAP, SCOOT BACK, CLAP

- 1&2 Shuffle right 3:00, (step right, together, step right)
- 3&4 Shuffle right 9:00 (step left, together, step left)
- 5 Scoot forward (12:00)
- 6 Clap
- 7 Scoot backward
- 8 Clap

REPEAT
