# My Best Friend



拍數: 48 編數: 2 級數: Improver waltz

編舞者: Pat Stott (UK) 音樂: Mother - Magill



#### TWINKLE, WEAVE, SIDE, SLIDE, HOLD, ROLL TO RIGHT

1-3 Cross left over right, step right to right, close left to right
4-6 Cross right over left, step left to left, cross right behind left

7-9 Step left to left, slide right to left, hold

Turn ¼ to right and step forward on right, pivot ¼ to right on right and step to side on left,

pivot ½ to right on left foot and step right to right

# FORWARD BASIC, BACK BASIC, FORWARD, ½ TURN, BACK, SLIDE, HOLD, FORWARD BASIC, BACK BASIC, FORWARD, FULL TURN FORWARD

13-15	Step forward on left, close right to left, step in place on left
16-18	Step back on right, close left to right, step in place on right
19-21	Step forward on left, turn ½ to left on left and close right to left, step in place on left
22-24	Step back on right, slide left to right swinging right shoulder slightly back, hold
25-27	Step forward on left, close right to left, step in place on left
28-30	Step back on right, close left to right, step in place on right
31-32	Step forward on left, traveling forward turn ½ to left and step back on right
33	On right foot - pivot ½ to left and step forward on left

# LUNGE FORWARD, RECOVER, TURN ¼ TO RIGHT, TWINKLE, CROSS ½ TURN TO RIGHT, SIDE, TWINKLE, CROSS, ¼ TURN TO RIGHT

34-35	Step forward on right bending knee slightly, recover back onto left
36	Turn ¼ to right and step right to right side
37-39	Cross left over right, step right to right, close left to right
40-42	Cross right over left, step left to left turning ¼ to right, turn ¼ to right stepping to side on right
43-45	Cross left over right, step right to right, close left to right
46-48	Cross right over left, turn $\frac{1}{4}$ to right stepping left to left side, step in place on right foot (feet slightly apart)

#### **REPEAT**