

# My Best Friend

**COPPER KNOB**  
BY STEPHEN BATES

拍數: 48      牆數: 2      級數: Improver waltz  
編舞者: Pat Stott (UK)  
音樂: Mother - Magill



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## TWINKLE, WEAVE, SIDE, SLIDE, HOLD, ROLL TO RIGHT

1-3            Cross left over right, step right to right, close left to right  
4-6            Cross right over left, step left to left, cross right behind left  
7-9            Step left to left, slide right to left, hold  
10-12        Turn  $\frac{1}{4}$  to right and step forward on right, pivot  $\frac{1}{4}$  to right on right and step to side on left, pivot  $\frac{1}{2}$  to right on left foot and step right to right

## FORWARD BASIC, BACK BASIC, FORWARD, $\frac{1}{2}$ TURN, BACK, SLIDE, HOLD, FORWARD BASIC, BACK BASIC, FORWARD, FULL TURN FORWARD

13-15        Step forward on left, close right to left, step in place on left  
16-18        Step back on right, close left to right, step in place on right  
19-21        Step forward on left, turn  $\frac{1}{2}$  to left on left and close right to left, step in place on left  
22-24        Step back on right, slide left to right swinging right shoulder slightly back, hold  
25-27        Step forward on left, close right to left, step in place on left  
28-30        Step back on right, close left to right, step in place on right  
31-32        Step forward on left, traveling forward turn  $\frac{1}{2}$  to left and step back on right  
33            On right foot - pivot  $\frac{1}{2}$  to left and step forward on left

## LUNGE FORWARD, RECOVER, TURN $\frac{1}{4}$ TO RIGHT, TWINKLE, CROSS $\frac{1}{2}$ TURN TO RIGHT, SIDE, TWINKLE, CROSS, $\frac{1}{4}$ TURN TO RIGHT

34-35        Step forward on right bending knee slightly, recover back onto left  
36            Turn  $\frac{1}{4}$  to right and step right to right side  
37-39        Cross left over right, step right to right, close left to right  
40-42        Cross right over left, step left to left turning  $\frac{1}{4}$  to right, turn  $\frac{1}{4}$  to right stepping to side on right  
43-45        Cross left over right, step right to right, close left to right  
46-48        Cross right over left, turn  $\frac{1}{4}$  to right stepping left to left side, step in place on right foot (feet slightly apart)

**REPEAT**

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