

Mustang Sally

COPPER KNOB
BY STEPHEN HETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Neil Hale (USA)
音樂: Mustang Sally - The Commitments



KICK STEP BACK, TRIPLE STEP, FULL TURN

1-2 Right kick forward; right step back
3&4 Left step back; right step next to left; left step next to right
5-6 *right step forward; left step forward into $\frac{1}{4}$ turn right
7-8 Right step side right into $\frac{1}{4}$ right; pivot on right as you step back with left into $\frac{1}{2}$ turn right
(weight on left)

*(Count 5 option is & 5 with a scoot on left on & before your step forward Right on 5.)

"SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

1&2 Cross right behind left; step ball of left foot side left; change weight to right as you step side right
3&4 Cross left behind right; step ball of right foot side right; change weight to left as you step side left

RIGHT & LEFT FORWARD DIAGONAL PATTERN WITH CLAPS

1-2 Right step forward at slight 45 degree angle right; left step next to right & clap
3-4 Right step forward at slight 45 degree angle right; left touch next to right & clap
5-6 Left step forward at slight 45 degree angle left; right step next to left & clap
7-8 Left step forward at slight 45 degree angle left; right touch next to left & clap

HIP ROLLS WITH "PALMS ON THIGHS"

1-4 Step down right & roll hips right; roll hips left; roll hips right; roll hips left

$\frac{1}{4}$ MONTEREY TURNS

1-2 Right point side right; pivot $\frac{1}{4}$ turn right on ball of left as you step right next to left
3-4 Left point side left; left step next to right
5-6 Right point side right; pivot $\frac{1}{4}$ turn right on ball of left as you step right next to left
7-8 Left point side left; left step next to right

"SAILOR SHUFFLES" (CROSS-BALL-CHANGE)

1 & 2 Cross right behind left; step ball of left foot side left; change weight to right as you step side right
3&4 Cross left behind right; step ball of right foot side right; change weight to left as you step side left

"RIDE THE MUSTANG" & CLAP

Arm position-holding reins of horse

1& Right step side right with slight forward angle; left step behind right
2& Right step side right with slight forward angle; left step behind right
3-4 Right step side right; left touch next to right & clap
5& Left step side left with slight forward angle; right step behind left
6& Left step side left with slight forward angle; right step behind left
7-8 Left step side left; right touch next to left & clap

EXECUTE A FULL TURN NEXT 4 COUNTS,

1-2 Right step side right; pivot $\frac{1}{2}$ turn right as you step side left
3-4 Replace weight to right; pivot $\frac{1}{2}$ turn right as you step side left

REPEAT
