

The Music Lady Express

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 0 級數:
編舞者: Pete Laperle (USA) & Jen Rukstela (USA)
音樂: Xxx's & Ooo's - Trisha Yearwood



HEELS KICKS, TOE TOUCHES

1&2 Kick right foot out, bring right foot back to left foot, touch left toe back
3&4 Kick left foot out, bring left foot back to right foot, touch right back
5&6 Repeat steps 1&2
7&8 Repeat steps 3&4

KICK OUT AND SHUFFLES

1-2 Kick right foot out, kick right foot to right
3&4 Shuffle back, right, left, right
5-6 Kick left foot out, kick left foot to left
7&8 Shuffle back, left, right, left

ROCK STEP, SHUFFLES, HALF TURN

1-2 Rock back on right foot, step forward on left foot
3&4 Shuffle right, left, right
5&6 Shuffle left, right, left
7-8 Step forward on right foot, do a ½ turn to left, leaving weight on left foot

½ TURN, PIVOT STEP, SHUFFLES

1-2 Step forward on right foot, do a ½ turn to the left, leaving weight on left foot
3&4 Shuffle right, left, right
5-6 Step forward on left foot and pivot ½ turn on ball of left foot, step back on right foot.
7&8 Shuffle back left, right, left

ROCK STEP, SHUFFLES, ½ TURN

1-2 Rock back on right foot, step forward on left foot
3&4 Shuffle forward right, left, right
5&6 Shuffle forward left, right, left
7-8 Step out on right, do a ½ turn to left, leaving weight on left foot

REPEAT
