

# The Music Lady Express

COPPER KNOB  
STEPSHEETS

拍數: 40      牆數: 0      級數:  
編舞者: Pete Laperle (USA) & Jen Rukstela (USA)  
音樂: Xxx's & Ooo's - Trisha Yearwood



## HEELS KICKS, TOE TOUCHES

1&2      Kick right foot out, bring right foot back to left foot, touch left toe back  
3&4      Kick left foot out, bring left foot back to right foot, touch right back  
5&6      Repeat steps 1&2  
7&8      Repeat steps 3&4

## KICK OUT AND SHUFFLES

1-2      Kick right foot out, kick right foot to right  
3&4      Shuffle back, right, left, right  
5-6      Kick left foot out, kick left foot to left  
7&8      Shuffle back, left, right, left

## ROCK STEP, SHUFFLES, HALF TURN

1-2      Rock back on right foot, step forward on left foot  
3&4      Shuffle right, left, right  
5&6      Shuffle left, right, left  
7-8      Step forward on right foot, do a ½ turn to left, leaving weight on left foot

## ½ TURN, PIVOT STEP, SHUFFLES

1-2      Step forward on right foot, do a ½ turn to the left, leaving weight on left foot  
3&4      Shuffle right, left, right  
5-6      Step forward on left foot and pivot ½ turn on ball of left foot, step back on right foot.  
7&8      Shuffle back left, right, left

## ROCK STEP, SHUFFLES, ½ TURN

1-2      Rock back on right foot, step forward on left foot  
3&4      Shuffle forward right, left, right  
5&6      Shuffle forward left, right, left  
7-8      Step out on right, do a ½ turn to left, leaving weight on left foot

**REPEAT**

---