

拍數: 48      牆數: 4      級數: Beginner  
編舞者: Markus Raus (DE)  
音樂: Music - Tears



## ROCK & ROCK & ROCK & STEP

1&      Rock right foot diagonal back, rock forward on left foot  
2&      Rock right foot diagonal forward, rock back on left foot  
3&      Rock right foot diagonal back, rock forward on left foot  
4      Step right foot to right side  
5&      Rock left foot diagonal back, rock forward on right foot  
6&      Rock left foot diagonal forward, rock back on right foot  
7&      Rock left foot diagonal back, rock forward on right foot  
8      Step left foot to left side

## COASTER TURN, TURN, TURN, TRIPLE STEP, ROCK STEP

9&10      Cross right foot behind left foot, turn  $\frac{1}{4}$  to right while stepping left foot beside right foot, step right foot forward  
11      Turn  $\frac{1}{2}$  turn right stepping left foot back  
12      Turn  $\frac{1}{2}$  turn right stepping right foot forward  
13&14      Triple step forward - left foot, right foot, left foot  
15&16      Rock right foot forward, recover on left foot, step right foot beside left foot

## LOCK STEP, COASTER TURN, STEP TOUCH, STEP TOUCH

17&18      Lock step back - left foot, right foot, left foot  
19&20      Step right foot back, step left foot beside right foot, cross right foot over left foot while turn  $\frac{1}{4}$  to right side  
21      Step left foot to left side  
22      Touch right foot behind left foot  
23      Step right foot to right side  
24      Touch left foot behind right foot

**Swing arms in direction of dance**

## SMALL STEPS FORWARD, SMALL STEPS BACK, PADDLE TURN

25&      Step left foot slightly forward, step right foot slightly forward  
26      Step left foot slightly forward  
27&      Step right foot slightly back, step left foot slightly back  
28      Touch right foot beside left  
29-32      Point right foot 4x to the right side while doing  $\frac{3}{4}$  turn to left side

## WALK, WALK, WALK, TOUCH, WALK, WALK, WALK, TOUCH

33-34      Step right foot forward, step left foot forward  
35-36      Step right foot forward, touch left foot beside right foot  
37-38      Step left foot back, step right foot back  
39-40      Step left foot back, touch right foot beside left foot

## STEP TOUCH, STEP TOUCH, KICK BALL CHANGE, STEP, STEP

41-42      Step right foot to right side, touch left foot behind right foot  
43-44      Step left foot to left side, touch right foot behind left foot  
45&46      Kick right foot forward, step right foot beside left foot, step left foot in place  
47-48      Step right foot in place, step left foot in place

REPEAT

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