

拍數: 48 牆數: 4 級數: Beginner
編舞者: Markus Raus (DE)
音樂: Music - Tears



ROCK & ROCK & ROCK & STEP

1& Rock right foot diagonal back, rock forward on left foot
2& Rock right foot diagonal forward, rock back on left foot
3& Rock right foot diagonal back, rock forward on left foot
4 Step right foot to right side
5& Rock left foot diagonal back, rock forward on right foot
6& Rock left foot diagonal forward, rock back on right foot
7& Rock left foot diagonal back, rock forward on right foot
8 Step left foot to left side

COASTER TURN, TURN, TURN, TRIPLE STEP, ROCK STEP

9&10 Cross right foot behind left foot, turn $\frac{1}{4}$ to right while stepping left foot beside right foot, step right foot forward
11 Turn $\frac{1}{2}$ turn right stepping left foot back
12 Turn $\frac{1}{2}$ turn right stepping right foot forward
13&14 Triple step forward - left foot, right foot, left foot
15&16 Rock right foot forward, recover on left foot, step right foot beside left foot

LOCK STEP, COASTER TURN, STEP TOUCH, STEP TOUCH

17&18 Lock step back - left foot, right foot, left foot
19&20 Step right foot back, step left foot beside right foot, cross right foot over left foot while turn $\frac{1}{4}$ to right side
21 Step left foot to left side
22 Touch right foot behind left foot
23 Step right foot to right side
24 Touch left foot behind right foot

Swing arms in direction of dance

SMALL STEPS FORWARD, SMALL STEPS BACK, PADDLE TURN

25& Step left foot slightly forward, step right foot slightly forward
26 Step left foot slightly forward
27& Step right foot slightly back, step left foot slightly back
28 Touch right foot beside left
29-32 Point right foot 4x to the right side while doing $\frac{3}{4}$ turn to left side

WALK, WALK, WALK, TOUCH, WALK, WALK, WALK, TOUCH

33-34 Step right foot forward, step left foot forward
35-36 Step right foot forward, touch left foot beside right foot
37-38 Step left foot back, step right foot back
39-40 Step left foot back, touch right foot beside left foot

STEP TOUCH, STEP TOUCH, KICK BALL CHANGE, STEP, STEP

41-42 Step right foot to right side, touch left foot behind right foot
43-44 Step left foot to left side, touch right foot behind left foot
45&46 Kick right foot forward, step right foot beside left foot, step left foot in place
47-48 Step right foot in place, step left foot in place

REPEAT
