

Muevete Time

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Irene Groundwater (CAN)
音樂: Muevete - David Civera



This dance won 1st place at the Hot Tamales Event in West Vancouver, Aug, 7, 2004

SIDE, TOUCH, 2 HIP-ROTATIONS, SIDE, TOUCH, 2 HIP-ROTATIONS

- 1 Side step right moving hips right
Swing both arms right - right arm overhead and left arm across body
2 Touch left ball to left side and snap fingers to the right
3-4 Use rotational Cuban motion with left hip (towards the left) snapping fingers
5 Side step left moving hips left
Swing both arms left - left arm overhead and right arm across body
6 Touch right ball to the right and snap fingers to the left
7-8 Use rotational Cuban motion with right hip (towards the right) snapping fingers
Option: on counts 3-4, touch left ball forward, touch left ball diagonal forward towards the left. On counts 7-8, touch right ball forward, touch right ball diagonal forward towards the right

9-16 SIDE, TOGETHER, SIDE, REPLACE, CROSS, REPLACE, SIDE, ½ TURN RIGHT

- 1-2 Side step Right, Step Left beside Right
3-4 Side step Right, Replace weight on Left
5-6-7 Cross Right over Left, Replace weight on Left, Side step Right
8 Pivot ½ turn right on Right Ball and step Left beside Right (Option - with stomp)

KICK, BALL, TOUCH, KICK, BALL, TOUCH, FORWARD, BACK, BACK, BACK

- 1& Kick right heel forward and down, step down on right ball
2 Touch left ball to left side
3& Kick left heel forward and down, step down on left ball
4 Touch right ball to right side
5-6 Right forward, left back
7-8 Right back popping left knee forward, left back popping right knee forward
Option: on count 7-8, right back sliding right toe along the floor, left back sliding left toe along the floor

BACK, REPLACE, FORWARD, BACK, REPLACE, FORWARD, FORWARD, BACK, ¼ TURN RIGHT, STOMP

- 1 Step back on right ball bring arms back beside body and tossing head back right
&2 Replace weight on left, right forward
3 Step back on left ball bringing arms back beside body and tossing head back to the left
&4 Replace weight on right, left forward
5-6 Right forward, left back
7-8 Pivot ¼ turn right on left ball and side step right, stomp left beside right
Option: on counts 1-4, touch right ball diagonal back, right forward, touch left ball diagonal back, left forward. On count 5, cross right over left. On count 7, spin 1 ¼ turn right on step

REPEAT

Special thanks to Debbie Diachuk for suggesting the 1 ¼ spin right on count 31 and for demoing this dance with me