

# Muddy Water

**COPPER KNOB**  
BY STEPHEN HETS

拍數: 64      牆數: 4      級數: Intermediate west coast swing  
編舞者: Sunday Murch (USA)  
音樂: Down Into Muddy Water - Shelly Fairchild



## MAMBO RIGHT SIDE, MAMBO LEFT SIDE, MAMBO RIGHT SIDE, RIGHT HEEL FRONT, LEFT HEEL FRONT

1&2      Mambo right to side  
3&4      Mambo left to side  
5&6      Mambo right to side  
7&8      Right heel front, left heel front

## STEP LEFT ¼ PIVOT, LEFT SAILOR SHUFFLE, ¼ TURN RIGHT SAILOR SHUFFLE, SHUFFLE CROSS

1-2      Step left ¼ pivot turn to right (weight stays on right foot)  
3&4      Left sailor shuffle  
5&6      Right sailor shuffle turning ¼ turn to right  
7&8      Shuffle cross left over right

## KICK BALL CHANGE RIGHT, SAMBA RIGHT, KICK BALL CHANGE LEFT, SAMBA LEFT

1&2      Kick ball change right  
3&4      Samba right  
5&6      Kick ball change left  
7&8      Samba left

## STEP PIVOT, STEP POP HEEL, STEP PIVOT, STEP POP HEEL

1-2      Step right pivot ½  
3-4      Step right, pop right heel up as you drag left foot behind right  
5-8      Repeat right pivot, right pop heel

## WALK BACK, OPEN FEET, HOLD, HIPS BUMP LEFT, BUMP RIGHT, ¼ TURN LEFT SAILOR SHUFFLE

1-2      Walk back  
&3-4      Open feet right, left, hold  
5-6      Hips bump left, bump hips right  
7&8      Turning sailor shuffle left ¼

## WALK FORWARD, OPEN FEET, HOLD, SWAY HIPS LEFT, RIGHT, ¼ TURN LEFT SAILOR SHUFFLE

1-2      Walk forward  
&3-4      Open feet right, left, hold  
5-6      Hips bump left, bump hips right  
7&8      Turning sailor shuffle left ¼

## JUMP FRONT WITH BOTH FEET, CLAP, JUMP BACK, CLAP, JUMP FRONT, BACK, FRONT, BACK

1-2      Jump front with both feet, clap  
3-4      Jump back with both feet, clap  
5-8      Jump front, back, front, back

## WALK, SLIDE TO RIGHT, GRAPEVINE LEFT ¼ TURN ON THE END

1-2      Walk front  
3-4      Slide to right  
5-7      Grapevine to left  
8      Turn ¼ turn

REPEAT

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