

Muddy Water

COPPER KNOB
STEPSHEETS

拍數: 60 牆數: 4 級數: Improver
編舞者: Dottie Cirko (USA)
音樂: Cry Wolf - Victoria Shaw



HEEL BOUNCES, SWIVEL, HEEL BOUNCES

- 1 Step slightly forward on the right and bounce heel
- 2 With foot in same position bounce right heel again
- 3 Bounce right heel again
- 4 Bounce right heel again
- 5 Swivel both heels right and bounce left heel
- 6 Bounce left heel again
- 7 Bounce left heel again
- 8 Bounce left heel again

HEEL SWIVELS, CLAP, HIP BUMPS

- 9 Swivel both heels to the left
- 10 Swivel both heels to the right
- 11 Swivel both heels to the center
- 12 Clap
- 13 Step forward slightly on the right and bump hips forward
- 14 Bump hips forward again
- 15 Rocking back onto left bump hips back
- 16 Bump hips back again

HIP ROLLS, KICK, ¼ TURN, STOMP, STOMP

- 17 Start to roll hips in a circle to the right
- 18 Finish hip roll to the right
- 19 Start to roll hips in a circle to the right
- 20 Finish hip roll to the right
- 21 Kick right to the right
- 22 Kick right foot forward and pivot ¼ turn left on left
- 23 Stomp right next to left
- 24 Stomp left next to right

KICK, ¼ TURN, STOMP, STOMP, KICK, ¼ TURN, STOMP, STOMP

- 25 Kick right to the right
- 26 Kick right foot forward and pivot ¼ turn left on left
- 27 Stomp right next to left
- 28 Stomp left next to right
- 29 Kick right to the right
- 30 Kick right foot forward and pivot ¼ turn left on left
- 31 Stomp right next to left
- 32 Stomp left next to right

FOUR FORWARD HOPS, BACK THREE, TOUCH

- & Hop forward at a 45 degree angle
- 33 Step left next to right
- 34 Clap
- & Hop forward at a 45 degree angle
- 35 Step left next to right

36 Clap
& Hop forward at a 45 degree angle
37 Step left next to right
38 Clap
& Hop forward at a 45 degree angle
39 Step left next to right
40 Clap

41 Step back on right
42 Step back on left
43 Step back on right
44 Touch left next to right

BACK, HEEL, STEP, TOUCH, DOUBLE TIME BACK, HEEL, STEP, TOUCH

45 Step back on left
46 Tap right heel forward
47 Step home on right
48 Touch toes of left next to right
& Step back on left
49 Tap right heel forward
& Step home on right
50 Touch toes of left next to right
& Step back on left
51 Tap right heel forward
& Step home on right
52 Touch toes of left next to right

STOMP, HOLD, STOMP, HOLD, STOMP, HOLD, STOMP, HOLD

53 Stomp left foot forward
54 Hold
55 Stomp right foot forward
56 Hold
57 Stomp left foot forward
58 Hold
59 Stomp right foot forward
60 Hold

REPEAT
