

Mucho Rhythm

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Stephen Sunter (UK)
音樂: Baila Este Ritmo - Flaco Jimenez



SIDE TOGETHER, SIDE TOGETHER, SIDE ROCK, CROSS SHUFFLE

1-2 Step left to left, step right next to left
3-4 Step left to left, step right next to left
5-6 Rock to left side on left, replace weight to right
7&8 Cross left over right, right to right, cross left over right

¼ RIGHT, LEFT, ½ PIVOT, STEP FORWARD, KICK, CROSS, FULL TURN, POINT & CLICK

1-2 Step right making a ¼ turn right, step forward left
3-4 Pivot ½ right, step forward left
5-6 Kick right forward, cross right over left
7-8 Full turn left on ball of left foot, point right to right side and click fingers

RIGHT SAILOR, ROCK BEHIND, SIDE SHUFFLE, CROSS ROCK

1&2 Right behind left, left to left, right to right
3-4 Rock left behind right, replace weight to right
5&6 Step left to left, right next to left, left to left
7-8 Rock right across in front of left, replace weight to left

¼ RIGHT, ROCK STEP, ½ LEFT, ½ STEP TOGETHER, STEP BACK, BACK SHUFFLE

1-2 Step right making a ¼ turn right, rock forward left
3-4 Replace weight to right, pivot ½ left on ball of right foot and step forward left
5 Pivot ½ left on ball of left foot, stepping right next to left
6 Step back left
7&8 Shuffle back right, left, right

POINT BACK, ¼ TURN, KICK, CROSS, POINT BACK, ¼ TURN, KICK, CROSS

1 Point left diagonally back pushing hip upward
2 Pivot ¼ turn left on ball of right foot and bend right knee slightly
3 Straighten right knee while kicking left foot forward
4 Cross step left over right
5 Point right diagonally back pushing hip upward
6 Pivot ¼ turn right on ball of left foot and bend left knee slightly
7 Straighten left knee while kicking right foot forward
8 Cross step right over left

ROCK STEP, SHUFFLE, SIDE, TOGETHER, SIDE SHUFFLE

1-2 Rock back onto left, replace weight to right
3&4 Shuffle forward left, right, left
5-6 Side step right to right, step left next to right
7&8 Right side shuffle right, left, right

STOMP, KNEE POP, KNEE POP, RIGHT SHUFFLE, HIP BUMPS

1 Stomp left slightly forward and click fingers
2-3 Pop right knee forward, straighten right and pop left knee forward
&4 Transfer weight to left, step forward right
&5 Bring left next to right, step forward right

- 6 Step left to left pushing hip to right
- 7 Place weight to right pushing hip out to left
- 8 Place weight to left pushing hip out to right

CROSS SHUFFLE, SIDE ROCK, ¼ RIGHT, ½ RIGHT, ½ RIGHT, FULL TURN RIGHT TOGETHER

- 1&2 Cross right over left, left to left (&) cross right over left
- 3-4 Rock left to left side, replace weight to right making ¼ turn right
- 5-6 Pivot ½ on right stepping back left, pivot ½ on left stepping forward right
- 7-8 Full right turn on ball of right foot, touch left next to right

REPEAT
