Mucho Cha Cha (L/P)

級數: line/partner dance

編舞者: Peter Heath (AUS)

拍數: 32

音樂: Mucho Mambo (Sway) - Shaft

NEW YORKER CHA, SPOT TURN CHA

- 1-2 Rock left foot across in front of right foot, recover right foot
- 3&4 Step left foot to left/close right foot to left foot, step left foot to left
- 5-6 Rock right foot in front of left foot, turning full left turn recover left foot
- 7&8 Step right foot to right/close left foot to right foot, step right foot to right

HAND TO HAND CHA, WHIP TURN CHA

- 9-10 Rock left foot behind the right foot, recover right foot
- 11&12 Repeat beats 3&4
- 13-14 Step right foot back turning ¼ left, step left foot to left turning ¼ left
- 15&16 Step right foot to right/close left foot to right foot, step right foot to right

NEW YORKER 3, NEW YORKER 3, NEW YORKER 3

- 17-19 Rock left foot diagonal forward & right, recover right foot, step left foot to left
- 20-22 Rock right foot diagonal forward & left, recover left foot, step right foot to right
- 23-25 Repeat beats 17-19

FRONT VINE 3 / SIDE ROCK, SIDE STOMP, HOLD 3

- 26-28& Cross right foot in front of left foot, step left foot to left, cross right foot behind left foot/rock left foot to left
- 29-32 Stomp right foot to right (with weight) with arms out stretched to sides, hold for 3 beats

REPEAT

It takes 3 sequences before the music catches up with the dance. It seems a waste to not use that music, so start it early

The dance is written to be also done as a couples dance. Start facing with partner using opposite foot throughout. On the whip turn, the partner does the following steps:

- 13-14 Step left foot forward turning ¼ left, step right foot to right turning ¼ left
- 15&16 Step left foot to left/close right foot to left foot, step left foot to left





牆數:2