

Mucho Cha Cha

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Iris M. Mooney (USA)
音樂: Island - Eddy Raven



CROSS KICKS-SAILOR SHUFFLE

- 1-2 Kick right foot across in front of left foot, kick right foot out to right side
3&4 Sailor shuffle (step right foot 45 degrees behind left foot, step on ball of left foot, change weight to right foot)
5-6 Kick left foot across in front of right foot, kick left foot out to left side
7&8 Sailor shuffle (step left foot 45 degrees behind right foot, step on ball of right foot, change weight to left foot)

ROCKS WITH 2 SHUFFLES BACK MAKING FULL TURN RIGHT

- 9-10 Rock forward right foot, step back left foot
11&12 Shuffle back ½ turn right (right foot-left foot-right foot)
13&14 Shuffle back ½ turn right (left foot-right foot-left foot)
15-16 Rock back right foot, step forward left foot

SHUFFLE TO THE SIDE WITH ROCKS

- 17&18 Shuffle to the right side (right foot-left foot-right foot)
19-20 Rock back left foot, rock forward right foot
21&22 Shuffle to the left side (left foot-right foot-left foot)
23-24 Rock back right foot, rock forward left foot

SHUFFLE, TURNS, SHUFFLE

- 25&26 Shuffle forward (right foot-left foot-right foot)
27-28 Step forward left foot turn ½ right, step right foot
29-30 Step forward left foot turn ¼ right, step right foot
31&32 Shuffle in place (left foot-right foot-left foot)

REPEAT
