

Mucara Walk (P)

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Improver
編舞者: John Steel (UK)
音樂: La Mucara - The Mavericks



STEP FORWARD, ROCK & CROSS, STEP, CROSS, ROCK & CROSS

1-2 Step forward right, step forward left
3 Rock the right foot to the right side
&4 Rock weight on to the left foot, cross the right over the left
5-6 Step the left out to the left side, cross the right behind the left
7 Rock the left foot out to the left side
&8 Rock weight on to the right in place, cross the left over right

STEP, CROSS, CHASSE RIGHT ¼ TURN RIGHT, PIVOT ½ TURN RIGHT, LEFT SHUFFLE FORWARD

9-10 Step the right to the right side, cross the left in behind
11&12 Chasse right stepping right, left, right turning ¼ turn right on the last step
13-14 Step forward on to the left foot and pivot turn ½ turn right
15&16 Left shuffle forward stepping left, right, left

FORWARD ROCK CROSS STEPS, ROCK STEP FORWARD, STEP LOCK BACK

17 Rock the right out to the right side
&18 Rock weight back on left in place, step the right forward and over left
19 Rock the left out to the left side
&20 Rock weight back on right in place, step the left forward and over right
21&22 Rock forward on to the right, rock back on to the left, step right beside left
23&24 Step back on to the left, slide lock the right across left, step back on to the left

STEP LOCK BACK, ROCK STEP BACK, STOMP, CLAP, HIP BUMPS

25&26 Step back on to the right, slide lock the left across right, step back on to the right
27&28 Rock back left, rock forward right, step left foot forward
29-30 Stomp the right foot in place. Clap!
31&32 Bump hips left, right, left

REPEAT

Here is a partner variation of Mucara Walk. Quite easy. Can be danced in same lines as line dance.

Position: Sweetheart Position, man to left of lady, slightly behind.

All footwork as per line dance (unless stated otherwise).

1-10 As line dance
11&12 While shuffling and turning ¼ right, man moves to right of lady.

Change arms positions over shoulders to match

13-14 Man drops lady's left hand
On ½ pivot raises his right arm over his head
15&16 Man picks up lady's left hand

Regain Sweetheart position (as per start)

17-30 As line dance (no claps!)
31&32 Lady does full turn right under man's right arm

All steps smaller than line dance.