

Ms. Archer

拍數: 0 牆數: 2 級數: Intermediate/Advanced
編舞者: Irita Rumbeniece (LAT)
音樂: Strelniece - Re:Public



Sequence: A, A, Tag 1, B, Tag 2, A, Tag 1, B, Tag 2, B (1-32), Tag 1, A, Tag 1, B, Tag 2

PART A

STEP LOCK, RIGHT SHUFFLE, ROCK FORWARD LEFT, TWO STEPS ½ TURN LEFT

1-2 Step right to right diagonal, lock left behind right
3&4 Step forward right, close left to right, step forward right
5-6 Rock forward left, rock back onto right
7-8 Make ½ turn left stepping left, right

WEAVE RIGHT, HEEL DIGS

1-2 Cross step left over right, step right to right side
3-4 Cross left behind right, step right to right side
5-6 Cross step left over right, step right to right side
7-8 Touch left heel side right twice

ROLLING GRAPEVINES LEFT & RIGHT WITH TOUCH & CLAPS

1-2 Step left ¼ turn to left side, on ball of left pivot ¼ turn left, stepping right to right side
3-4 On ball of right pivot ½ turn left, stepping left to left side, touch right beside left and clap
5-6 Step right ¼ turn to right side, on ball of right pivot ¼ turn right, stepping left to left side
7-8 On ball of left pivot ½ turn right, stepping right to right side, touch left beside right and clap

STEP TAP, HEEL DIGS

1-2 Step left to left diagonal, tap right toe behind left
3&4 Step back right, touch left heel side right twice
5-6 Step left to left diagonal, tap right toe behind left
7&8 Step back right, touch left heel side right twice

STEP LOCK, LEFT SHUFFLE, ROCK FORWARD RIGHT, STEP ¼ TURN RIGHT & TOUCH

1-2 Step left to left diagonal, lock right behind left
3&4 Step forward left, close right to left, step forward left
5-6 Rock forward right, rock back onto left
7-8 Step right ¼ turn right, touch left beside right

STEP, BRUSHES, STOMP RIGHT, HEEL DIGS

1-2 Step forward left, brush forward right
3-4 Brush back right across left, brush forward right across left
5-6 Brush back right, stomp right beside left
7&8 Touch left heel side right triple

CAMEL WALK LEFT ¼ TURN LEFT, LEFT SHUFFLE FORWARD, ROCK FORWARD, RIGHT SHUFFLE BACK,

1-2 ¼ turn left, stepping forward left, slide right beside left
3&4 Step forward left, close right beside left, step forward left
5-6 Rock forward right, rock back onto left
7&8 Step back right, close left beside right, step back right

ROCK BACK, LEFT SHUFFLE FORWARD, CROSS, UNWIND ½ TURN RIGHT, CROSS, UNWIND ½ TURN RIGHT

- 1-2 Rock back left, rock forward onto right
- 3&4 Step forward left, close right beside left, step forward left
- 5-6 Cross right behind left, unwind ½ turn right (weight on right)
- 7-8 Cross left over right, unwind ½ turn right (weight on left)

PART B

TOUCH, KICK, COASTER STEP, JUMP TWICE, STOMPS

- 1-2 Touch right toe side left, kick forward right
- 3&4 Step back right, step left beside right, step forward right
- 5-6 Jump twice
- 7-8 Stomp right to right side, stomp left to left side (shoulder width apart)

SHOULDER MOVES, STOMPS, ROCK BACK

- 1-2 With feet apart move right shoulder to right side, move left shoulder to left side diagonally down
 - 3-4 Move right shoulder to right side, move left shoulder to left side diagonally up
- During steps 1-4, arms are on legs above knees and legs are a little bit bent in knees**
- 5-6 Stomp right to center, stomp left beside right
 - 7-8 Rock back right, rock forward onto left

HEEL BOUNCES

- 1-4 Bounce right heel four times and close your right eye
- 5-8 Bounce left heel four times and close your left eye

WALK BACK, OUT OUT, KNEE POPS, IN IN

- 1-4 Open your eyes and walk back right, left, right, left
- During steps 1-4, round your right arm at the height of shoulder with extended forefinger**
- &5 Step right to right side, step left to left side (shoulder width apart)
 - &6 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly
 - &7 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly
 - &8 Step right to center, step left beside right

DIAGONAL STEPS FORWARD, DRAG, KNEE POPS TWICE

- &1 Step right large step to right diagonal, slide left beside right
 - &2 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly
 - &3&4 Repeat steps &2 of section 5 twice
- During steps &1-4 spread out your right arm to right diagonal**
- &5 Step left large step to left diagonal, slide right beside left
 - &6 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly
 - &7&8 Repeat steps &6 of section 5 twice
- During steps &5-8, touch both arms to your heart**

RIGHT SHUFFLE ¼ TURN RIGHT, ½ PIVOT, LEFT SHUFFLE, ¾ PIVOT

- 1&2 Step forward right ¼ turn right, step left beside right, step forward right
- 3-4 Step forward left, pivot ½ turn right
- 5&6 Step forward left, step right beside left, step forward left
- 7-8 Step forward right, pivot ¾ turn left

HEEL BOUNCES

- 1-4 Bounce right heel four times and close your right eye
- 5-8 Bounce left heel four times and close your left eye

WALK BACK, OUT OUT, KNEE POPS, IN IN

1-4 Open your eyes and walk back right, left, right, left

During steps 1-4, round your right arm at the height of shoulder with extended forefinger

&5 Step right to right side, step left to left side (shoulder width apart)

&6 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly

&7 With feet apart bend both knees, lifting heels slightly, straighten legs, lowering heels softly

&8 Step right to center, step left beside right

TAG 1

1-4 Raise your hands like wings and shake your fingers in the mean time

TAG 2

1-6 Make a wave - starting from the front side (first lines squat and when standing up, raise their arms as well, when first line has been almost stood up, the next lines perform the same way)
