

Mr Sandman

拍數: 32 牆數: 4 級數: Improver
編舞者: Suzy Taylor (UK)
音樂: Mister Sandman - Dickie Valentine



2 HEEL DIGS, 2 TOE TAPS BEHIND, ROCK STEPS, HOLD

1-4 Two right heel digs forward, 2 right toe taps behind
5-6 Step right to right rocking to side right, small step left forward rocking to side
7-8 Step right small step forward rocking hips, hold

2 HEEL DIGS, 2 TOE TAPS BEHIND, ROCK STEPS, HOLD

1-4 Two left heel digs forward, 2 toe taps behind
5-6 Step left to left rocking to side, small step right forward rocking to side
7-8 Small step left forward rocking hips, hold

& TOGETHER, STEP, ½ PIVOT TURN, ¼ TURN SIDE, VINE LEFT, ¼ TURN, ¼ TURN SIDE, CROSS BEHIND POINT

&1-2 Step right beside left, step left forward, pivot ½ turn right
3-4 Making ¼ turn right step left to side, step right behind left
5-6 Making ¼ turn left step left forward, making ¼ turn left step right to side
7-8 Step left behind right, point right toe to right side

CROSS POINTS LEFT & RIGHT, TOUCH TOE FORWARD, SWEEP ½ TURN, STEP RIGHT, LEFT TOGETHER

1-2 Cross step right over left, point left to side
3-4 Cross step left over right, point right to side
5-7 Touch right toe forward, sweep round turning ½ right, step onto right
8 Step left in place next to right

REPEAT

TAG

End of 2nd wall facing back. Touch left next to right on 8

1-2 Step left forward, touch right beside
3-4 Step right to side, step left together

ENDING

Music slows down then speeds up near end. Facing 3:00 wall dance first 7 counts of dance, on count 8 turn to front touching left heel forward - arms out