

Mr. Mom!

拍數: 32 牆數: 4
編舞者: Johnny Montana (USA)
音樂: Mr. Mom - Lonestar

級數: Improver two step



SUGARFOOT, CROSS, HOLD

1-2 Touch right toe next to left instep, touch right heel next to left instep
3-4 Cross right foot over left and step, hold

SUGARFOOT, CROSS, HOLD

5-6 Touch left toe next to right instep, touch left heel next to right instep
7-8 Cross left foot over right and step, hold

SLOW COASTER, SCUFF

9-10 Step back onto right foot, step onto left foot next to right
11-12 Step forward onto right foot, scuff left foot

STEP, LOCK, STEP, SCUFF

13-14 Step forward onto left foot, step right foot up behind left foot (lock)
15-16 Step forward onto left foot, scuff right foot

STEP, HOLD, TURN, HOLD

17-18 Step forward onto right foot, hold
19-20 Make a ½ turn pivot to left (to the left) and replace weight onto left foot, hold

OUT, OUT, IN, IN (SLOW JAZZ JUMP)

21-22 Step slightly out to right side onto right foot, step slightly out to left side onto left foot
23-24 Step onto right foot in home position, step onto left foot next to right

TOE, HEEL STRUT STEPS

25-26 Touch right toe forward, step down onto right foot where you touched your toe
27-28 Touch left toe forward, step down onto left foot where you touched your toe

KICK-BALL-STEP, TURN/HITCH

29-30 Kick right foot forward, step onto right foot next to left
31-32 Step forward onto left foot, hitching knee make a ¼ turn left(to the left)(weight on left foot)

REPEAT

TAG

After 4th wall

CHARLESTON STEPS

1-2-3-4 Touch right toe forward, hold, step back onto right foot, hold
5-6-7-8 Touch left toe back, hold, step forward onto left foot, hold
9-16 Repeat 1-8
17-18-19-20 Touch right toe forward, hold, touch right toe back, hold (weight on left)

Restart dance from beginning finishing dance as written