

Mr. Lonesome

拍數: 48 牆數: 2 級數: Improver
編舞者: Lisa B. Martin
音樂: Mr. Lonesome - Heather Myles



SHUFFLE FORWARD, PIVOT ¼ TURN CROSS, SIDE BEHIND & CROSS & CROSS

1&2 Step forward on right, step left beside right, step forward on right
3&4 Step forward on left, pivot ¼ turn right, cross left over right
5-6 Step right to right side, step left behind right
&7&8 Step right to right side, cross left over right, step right to right side, cross left over right

SIDE ROCK, ¼ ROCK BACK, SHUFFLE FORWARD, STEP PIVOT ½ STEP

1-2 Rock right to right side, recover on left
3-4 Rock back on right with a ¼ turn right, recover on left
5&6 Step forward on right, step left beside right, step forward on right
7&8 Step forward on left, pivot ½ turn right, step forward on left

WALK, WALK, SIDE TOGETHER SIDE, STEP KICK, STEP BACK, POINT

1-2 Walk forward right, left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Step forward on left, kick right forward
7-8 Step right foot down, point left to left side

CROSS SHUFFLE, STEP PIVOT ½, CROSS ROCK, STEP TOGETHER

1&2 Cross left over right, step right to right side, cross left over right
3-4 Step right foot to right side, pivot ½ turn left step onto left
5-6 Cross rock right over left, recover on left
7-8 Step right to right side, step left beside right

WALKS FORWARD & KICK, WALKS BACK & TOUCH

1-2 Walk forward right left
3-4 Walk forward right, kick left foot forward
5-6 Walk back left, right
7-8 Walk back left, touch right beside left

STEP PIVOT ½ STEP HOLD, STEP PIVOT ½ STEP HOLD

1-2 Step forward on right, pivot ½ turn left
3-4 Step forward on right, hold with a clap
5-6 Step forward on left, pivot ½ turn right
7-8 Step forward on left, hold with a clap

REPEAT
