

Mr Bassman

拍數: 48 牆數: 2 級數: Improver
編舞者: Hazel Pace (UK)
音樂: Mr Bassman - Dave Sheriff



SIDE SHUFFLE RIGHT, ROCK RECOVER, SIDE SHUFFLE LEFT. ROCK RECOVER

1&2 Step right to right side, step left beside right, step right to right side
3-4 Rock back on left, recover on right
5&6 Step left to left side, step right beside left, step left to left side
7-8 Rock back on right, recover on left

RIGHT SHUFFLE ½ TURN LEFT, SIDE SHUFFLE, RIGHT SHUFFLE ½ TURN LEFT, SIDE SHUFFLE (FULL CIRCLE)

1&2 Right shuffle making ½ turn left on right, left, right
3&4 Side shuffle left on left, right, left
5&6 Right shuffle making ½ turn left on right, left, right
7&8 Side shuffle left on left, right, left

SWIVEL RIGHT, LEFT, RIGHT, HOLD, CLAP TWICE, SWIVEL LEFT, RIGHT, ¼ TURN LEFT, HOLD, CLAP TWICE

These 8 counts are danced on the spot transferring weight from right to left foot. The movement is in the knees and body

1-2 Swivel to right diagonal as you rock onto right, swivel to left diagonal as you rock onto left
3-4 Swivel to right diagonal as you rock onto right, hold clap hands twice
5-6 Swivel to left diagonal as you rock onto left, swivel to right diagonal as you rock onto right
7-8 Swivel ¼ turn left rocking onto left, hold clap hands twice

Optional clap hands twice on counts &4 also on counts &8

STEP ½ PIVOT LEFT, RIGHT SHUFFLE, ROCK RECOVER, HITCH BACK TWICE

1-2 Step forward on right, ½ pivot turn left
3&4 Step forward on right, step left beside right, step forward on right
5-6 Rock forward on left, recover on right
&7&8 Hitch left, step back on left, hitch right, step back on right

LEFT COASTER STEP, RIGHT SHUFFLE, STEP ½ PIVOT, LEFT SHUFFLE

1&2 Step back on left, step right beside left, step forward on left
3&4 Step forward on right, step left beside right, step forward on right
5-6 Step forward on left, ½ pivot turn right
7&8 Step forward on left, step right beside left, step forward on left

SIDE BEHIND & HEEL & CROSS, SIDE BEHIND ¼ TURN LEFT, TOUCH, CLAP TWICE

1-2 Step right to right side, left behind right
&3&4 Step back on right, touch left heel forward, step left in place, cross right over left
5-6 Step left to left side, step right behind
&7-8 Quick step ¼ turn left on left, touch right beside left, clap hands twice

REPEAT