

Movin' On

COPPER KNOB
BY SHEETS

拍數: 96 牆數: 0 級數:
編舞者: Paul Snooke (AUS) & Cierwen Newell (AUS)
音樂: I'm Movin' On - Rascal Flatts



RIGHT TWINKLE, CROSS, ¼ SWEEP, RIGHT TWINKLE, CROSS, ¼ SWEEP, REPEAT

- 1-6 Cross right over left, step/rock left to left side, replace weight back on right, cross left over right, sweep right around forward turning ¼ turn for 2 counts
- 1-6 Repeat last 6 counts

CROSS, SIDE, ½, LEFT TWINKLE, CROSS, SIDE, 1/8, BACK, DRAG, STEP

- 1-6 Cross right over left, step left to left side, turning with right step right to right side, cross left over right, rock/step right to right side, replace weight back on left
- 1-6 Cross right over left, step left to left side, turning 45 right step right back, step left back, drag left together, step right together (1:00)

½ WALTZ, BACK WALTZ, 3/8 WALTZ, RIGHT TWINKLE

- 1-6 Step left forward, step right together while turning ¼ turn left, step left together while turning ¼ turn left, step right back, step left together, step right together(7:00)
- 1-6 Step left forward, step right together while turning ¼ turn left, step left together while turning ¼ turn left, turning 45 left cross right over left, step/rock left to left side, replace weight on right (12:00)

CROSS, SIDE, ½, CROSS ROCK, REPLACE, ¼, STEP, DRAG, ROCK, REPLACE, ½

- 1-6 Cross left over right, step right to right side, turning with left side left to left side, cross/rock right over left, replace weight on left, turning ¼ turn right step right forward
- 1-6 Step left forward, drag right together for 2 counts, step/rock right forward, replace weight on left, turning with right step right forward

STEP, ARCH ½, CROSS, SIDE, BEHIND, SIDE, DRAG, FORWARD WALTZ

- 1-6 Step left forward, arch right around turning with left for 2 counts, cross right over left, step left to left side, step right behind left
- 1-6 Step left to left side, drag right together for 2 counts, step right forward, step left together, step right together

STEP, SWEEP, SAILOR STEP, STEP, SWEEP, SAILOR STEP

- 1-6 Step left back, sweep right around for 2 counts, step right behind left, step left to left side, replace weight
- 1-6 Step left back, sweep right around for 2 counts, step right behind left, step left to left side, replace weight

CROSS ROCK, HOLD, HOLD, REPLACE, ¼, ¼, CROSS ROCK, HOLD, HOLD, REPLACE, ¼, ¼

- 1-6 Cross/rock left over right, hold for 2 counts, replace weight, turning ¼ turn left step left forward turning ¼ turn left step right to right side
- 1-6 Repeat last 6 counts

CROSS BACK ¼, HOLD TWICE, REPLACE, ½, ½, ROCK FORWARD, HOLD TWICE, REPLACE, ½, ½ SWEEP

- 1-6 Turning ¼ turn left rock/step left back, hold for 2 counts, replace weight on right, turning with right step left back, turning with right step right forward
- 1-6 Rock/step left forward, hold for 2 counts, replace weight on right, turning with left step left forward, sweep right around turning with left

REPEAT

RESTART

On the second wall, replace count 84 with sweep right around turning with left

On the fourth wall, replace count 30 with a touch straightening to the 12:00
