

Moving On

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Kathy Forrest (UK)
音樂: I'm Movin' On - Rascal Flatts



STEP FORWARD, POINT, HOLD. STEP BACK, POINT, HOLD

1-2-3 Step forward on left, point right to right side, hold
4-5-6 Step back on right, point left to left side, hold

STEP FORWARD, POINT, HOLD. MONTEREY TURN

1-2-3 Step forward on left, point right to right side, hold
4-5-6 Turn ½ turn right on ball of left foot, stepping right foot beside left, point left to left side, hold

WALTZ FORWARD, TURNING ½ TURN LEFT. WALTZ FORWARD, TURNING ½ TURN RIGHT

1-2-3 Step forward on left, pivot left on ball of foot while stepping right back in place, step left in place
4-5-6 Step forward on right, pivot right on ball of right foot while stepping left back in place, step right in place

TWINKLE, CROSSING HALF TURN

1-2-3 Cross left over right, step right in place, step left to left side
4-5-6 Cross right over left, step back on left turning ¼ turn right, step right to right side turning ¼ right

TWINKLES TWICE

1-2-3 Cross left over right, step right in place, step left to left side
4-5-6 Cross right over left, step left in place, step right to right side

STEP, SWEEP ¼ TURN TWICE

1-2-3 Step forward on left, sweep right turning ¼ left
4-5-6 Step right down in front of left, sweep left turning ¼ right

CROSS ¼ TWINKLE, STEP BACK, DRAG

1-2-3 Cross left over right, step back right turning ¼ left, step left to left side
4-5-6 Large step back on right, drag left back to touch beside right (over two counts and without weight)

SLIDE STEP, SLIDE POINT, HOLD, FULL TURN RIGHT

1-2-3 Slide and step left to left side, slide and point right to right side, hold
4-5-6 ¼ turn right stepping forward on right, ½ turn right stepping back on left, ¼ turn right stepping to side on right

REPEAT
