

# Movin

**COPPER**KNOB  
BY STEPHEN METZ

拍數: 40      牆數: 2      級數: Beginner  
編舞者: Tom Glover (AUS)  
音樂: Movin' On - The Rankin Family



- 
- 1-8      Rock back on right, rock forward onto left, shuffle forward right-left-right, step left forward & pivot ½ turn right, shuffle forward left-right-left
- 9-16      Step right forward & pivot ½ turn left, right toe/heel, left toe/heel, step right forward & pivot ½ turn left
- 17-24      Step forward on right & pivot ¼ turn left, repeat, rock forward onto right, rock back onto left foot, rock back onto right, rock forward onto left
- 25-32      Shuffle to the right side right-left-right, rock back on left, rock forward onto right, shuffle to the left side left-right-left, rock back on right, rock forward onto left
- 33-40      Rock to right side onto right, rock back onto left foot to left side, rock back onto right foot, rock forward onto left, rock forward onto right, rock back onto left, touch right toe back, pivot ½ turn right finishing with weight on left

**REPEAT**

---