

# Move, Groove And Dance

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Gary Steele (UK)  
音樂: Chihuahua - DJ Bobo



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## **FORWARD ROCK, SIDE ROCK, BEHIND SIDE CROSS, SWAY LEFT, RIGHT, BEHIND ¼ TURN**

1&      Forward rock onto right foot, recover weight onto left foot  
2&      Rock right out to right side, recover weight onto left foot  
3&4      Cross right behind left, step left to left side, cross right over left  
5-6      Sway left, right  
7&8      Cross left behind right, step right ¼ turn right, step left next to right

## **KICK KNEES TWICE, MAMBO FORWARD RIGHT, WALK BACK LEFT, RIGHT, LEFT COASTER ¼ TURN**

1&      Kick right foot forward, as you close your right foot bend both knees  
2&      Kick left foot forward, as you close your left foot bend both knees  
3&4      Rock forward onto right foot, recover weight onto left, close right next to left  
5-6      Walk back left, right  
7&8      Step left foot back, close right next to left, step left foot ¼ turn left

## **MONTEREY ½ TURN, CROSSING TOE STRUT, CROSS BACK, STEP BACK CLAP TWICE**

1&      Point right to right side, close right next to left making ½ turn right  
2&      Point left to left side, step left foot in place  
3&      Cross right over left toe, drop right heel down  
4&      Step left to left side toe, drop left heel down  
5-6      Cross right over left, step left back  
7&      Step right back, touch left next to right and clap hands  
8&      Step left back, touch right next to left and clap hands

## **MAMBO RIGHT, LEFT, SHUFFLE FORWARD, STEP ¼ TURN STEP FORWARD**

1&2      Rock right out to right side, recover weight onto left, close right  
3&4      Rock left to left side, recover weight onto right, close left  
5&6      Shuffle forward right, left, right  
7&8      Step forward on left, make a ¼ turn right changing weight, step left forward

**REPEAT**

**RESTART**

On wall 8 repeat the dance up to the end of section 1 and restart the dance again

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