

# Move Ya Body

**COPPER** KNOB  
STEPSHEETS

拍數: 48                      牆數: 4                      級數: Intermediate  
編舞者: Elissa Scott  
音樂: Move Ya Body - Nina Sky



The choreographer was Age 12 when this dance was written

## RIGHT KICK BALL CHANGE TWICE, ½ TURN, RIGHT SHUFFLE

1&2                      Kick right forward, step right beside left, step left in place  
3&4                      Kick right forward, step right beside left, step left in place  
5-6                      Step right forward, pivot ½ turn left  
7&8                      Step right forward, step left beside right, step right forward

Facing 6:00

## LEFT ROCK, CROSS SHUFFLE, HINGE ½ TURN, COASTER STEP

1-2                      Rock left to left side, rock onto right in place  
3&4                      Cross left over right, step right to right side, cross left over right  
5-6                      Step right to right side, make ½ turn left stepping left to left side  
7&8                      Step back right, close left beside right, step forward right

Facing 12:00

## SYNCOPATED WEAVE RIGHT, RIGHT & LEFT TOE TOUCHES

1-2                      Cross left over right, step right to right side  
3&4                      Cross left behind right, step right to right side, cross left over right  
5&6&                      Touch right to right side, step right beside left, touch left to left side, step left beside right  
7&8                      Touch right to right side, step right beside left, touch left to left side,

Facing 12:00

Option: during wall 3, (facing 6:00) replace syncopated weave with a full turn right on word "woo"

## RIGHT HEEL, HOOK, SHUFFLE, STEP ½ LEFT, LEFT SHUFFLE

1-2                      Point right heel forward, hook right in front of left  
3&4                      Step right forward, step left beside right, step right forward  
5-6                      Step right forward, pivot ½ turn right  
7&8                      Step left forward, step right beside left step left forward

Facing 6:00

## FULL TURN, STEP ¼ TURN, KICK BALL POINT, POINT, POINT

1-2-3-4                      Full turn left, stepping back on right and forward on left, step ¼ turn left  
5&6                      Kick right forward, step right beside left, point left to the side  
7-8                      Point left in front, point left to the side

Facing 3:00

## LEFT & RIGHT SAILOR STEPS, ½ UNWIND, HIP HUMPS

1&2                      Cross left behind right, step right to right side, step left in place  
3&4                      Cross right behind left, step left to left side, step right in place  
5-6-7-8                      Touch left toe behind right, unwind ½ turn left, hip bump right, hip bump left

Facing 9:00

Option: during wall 3, (facing 3:00) add a hip roll to the right on word "hot"

REPEAT