

Move 2 The Music

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Terry Cullingham (UK)
音樂: Move To The Music - Sophie Ellis Bextor



WALK FORWARD TWICE, RIGHT ANCHOR STEP WITH ¼ TURN, CROSS, UNWIND ¾ TURN, LEFT SHUFFLE

1-2 Walk forward right, left
3&4 Cross rock right behind left, recover on left, ¼ turn right stepping right slightly forward
5-6 Cross left over right, unwind ¾ turn right (12:00)
7&8 Step left forward, close right beside left, step left forward

MODIFIED MONTEREY ¼ TURN, STEP, PIVOT ½ TURN, SKATE TWICE, FULL TURN RIGHT

9-10 Point right to right side, ¼ turn right stepping right beside left
11-12 Step left forward, pivot ½ turn right (9:00)
13-14 Skate forward left, right
15-16 ½ turn right stepping left back, ½ turn right stepping right forward

SIDE, TOGETHER, CROSS SHUFFLE, FORWARD ROCK, WEAVE LEFT

17-18 Step left long step to left side, close right beside left
19&20 Cross left over right, step right to right side, cross left over right
21-22 Rock right forward, recover on left
23&24 Cross right behind left, step left to left side, cross right over left

MODIFIED MONTEREY ¼ TURN, STEP, PIVOT ½ TURN, SKATE TWICE, FULL TURN LEFT

25-26 Point left to left side, ¼ turn left stepping left beside right
27-28 Step right forward, pivot ½ turn left (12:00)
29-30 Skate forward right, left
31-32 ½ turn left stepping right back, ½ turn left stepping left forward

SIDE, TOUCH, SIDE MAMBO TOUCH, BALL STEP, TOUCH, SIDE ROCK, ¼ TURN, STEP

33-34 Step right to right side, touch left beside right
35&36 Rock left to left side, recover on right, touch left beside right
&37-38 Step left in place, step right forward, touch left behind right
39&40 Rock left to left side, recover on right turning ¼ turn right step left forward (3:00)

½ TURN, SIDE, KICK, KICK BALL STEP, WALK FORWARD TWICE, PIVOT ¼ TURN

41-42 ½ turn left stepping right back, step left to left side
43 Kick right forward
44&45 Kick right forward, step right beside left, step left forward
46-47 Step right forward, step left forward
48 Pivot ¼ turn left (12:00)

CROSS, UNWIND ½ TURN, JUMP BACK, KNEE POP, STRAIGHTEN UP, KICK, BACK, CROSS TOUCH, HOLD

49-50 Cross left over right, unwind ½ turn right (6:00)
&51 Jump back (feet slightly apart) right, left
52-53 Pop right knee across left knee (weight on left), straighten right leg (weight on right)
54&55 Kick left forward, step left slightly back, touch right toe across left
56 Hold

BACK, CROSS, ¼ TURN, STEP, PIVOT ¾ TURN, CHASSE LEFT, BACK ROCK

&57-58 Step right slightly back, cross left over right, $\frac{1}{4}$ turn right stepping right forward
59-60 Step left forward, pivot $\frac{3}{4}$ turn right (6:00)
61&62 Step left to left side, close right beside left, step left to left side
63-64 Rock right back, recover on left

REPEAT

There is a break in the music during the second wall, just carry on dancing
