

Move It

拍數: 64 牆數: 4 級數: Improver
編舞者: Karen Spencer (UK)
音樂: Move It - Cliff Richard



STEP HITCH, STEP HITCH, WALK BACK THREE STEPS, TOUCH LEFT

1-2 Step forward right, hitch left
3-4 Step forward left, hitch right
5-6 Step back right, step back left
7-8 Step back right, touch left toe to right foot

STEP TOUCH, MONTEREY ½ TURN RIGHT, KICK TWICE

9-10 Step left to left side, touch right toe to left foot
11-12 Touch right to right side, on ball of left make ½ turn right, stepping right beside left
13-14 Step left to left side, step left beside right
15-16 Kick right foot forward twice

17-32 Repeat steps 1-16

¼ TURN RIGHT, ½ TURN RIGHT, FULL TURN RIGHT, ROCK STEP,

33-34 Step right ¼ turn right, hitch left
35-36 On ball of left make ½ turn right, hitch right
37-40 On ball of left make ½ turn right, on ball of right make ½ turn right, rock back right, rock forward left

RIGHT LOCK STEP, HALF TURN LEFT, REVERSE BOX STEP

41-42 Step forward right, lock left behind right,
43-44 Step forward right, on ball of right ½ turn left, hitch left foot
45-46 Step left over right, step back right
47-48 Step left to left side, touch right toe to left foot

ROCK RIGHT, LEFT, RIGHT, ROCK LEFT, RIGHT, LEFT

49-52 Rock forward right, rock back left, rock forward right, step left toe to right foot,
53-56 Rock forward left, rock back right, rock forward left, step right toe to left foot

OUT, OUT, IN, IN, ROCK FORWARD, BACK, BACK, FORWARD

57-58 Step right to right side, step left to left side
59-60 Step in right, step in left
61-62 Rock forward right, rock back left
63-64 Rock back right, rock forward left

REPEAT
