

Mountain High

COPPER KNOB
STEPPERS

拍數: 56 牆數: 2 級數: Intermediate/Advanced
編舞者: Bev Sandiford (AUS) & Jeanette Cartwright (AUS)
音樂: Climb That Mountain High - Reba McEntire



HEEL, STEP, TOE, SCUFF, HEEL, HOOK, HEEL, STEP

- 1 Touch left heel forward
- 2 Left together
- 3 Touch right toe back
- 4 Scuff right past left foot
- 5 Touch right heel 45 degrees
- 6 Brush up right to left knee
- 7 Touch right heel 45 degrees
- 8 Feet together

SWIVITS

- 9 Swivel right toe right and left heel left
- 10 Center
- 11 Swivel right toe right and left heel left
- 12 Center
- 13 Swivel left toe left and right heel right
- 14 Center
- 15 Swivel left toe left and right heel right
- 16 Center

HEEL DIG, HITCH, SHUFFLE, HEEL DIG, HITCH, SHUFFLE

- 17 Dig right heel
- 18 Hitch right while lifting and dropping left heel
- 19&20 Shuffle right forward
- 21 Dig left heel
- 22 Hitch left while lifting and dropping right heel
- 23&24 Shuffle left forward

STEP, PIVOT ½, STEP, PIVOT ½

- 25 Step forward on right
- 26 Pivot ½ turn left
- 27 Step forward on right
- 28 Pivot ½ turn left

HEEL, TOUCH, HITCH, TOUCH, HEEL, TOUCH, HITCH, TOUCH

- 29 Right 45 degrees
- 30 Feet together
- 31 Hitch right and touch right knee with right elbow
- 32 Feet together
- 33 Right 45 degrees
- 34 Feet together
- 35 Hitch right and touch right knee with right elbow
- 36 Feet together

GRAPEVINE RIGHT, SCUFF, GRAPEVINE LEFT, SCUFF WITH ½ TURN

- 37 Step right on right foot

- 38 Cross left foot behind right foot
- 39 Step right on right foot
- 40 Scuff
- 41 Step left on left foot
- 42 Cross right foot behind left foot
- 43 Step left on left foot
- 44 Scuff with $\frac{1}{2}$ turn to the left

FOUR FORWARD STRUTS

- 45-46 Strut right forward
- 47-48 Strut left forward
- 49-50 Strut right forward
- 51-52 Strut left forward

STEP, PIVOT $\frac{1}{2}$, STEP, PIVOT $\frac{1}{2}$

- 53 Step forward on right
- 54 Pivot $\frac{1}{2}$ turn left
- 55 Step forward on right
- 56 Pivot $\frac{1}{2}$ turn and stomp right

REPEAT
